ANCIENT TRADITIONS OF THE INLAND SEA OF JAPAN
Kyoto · Hiroshima · Miyajima · Matsue · Himeji · Osaka

A voyage aboard the Exclusively Chartered Small Ship Five-Star M.S. LE SOLÉAL
Accompanied by Dylan Davis

May 4-15, 2016
The Cal Discoveries Travel Difference

Our goal is to provide the University of California, Berkeley community with an exciting combination of discovery, learning, and adventure in educationally oriented travel. Cal Discoveries Travel offers travelers value with thoughtfully crafted excursions to experience new places, interesting people, and fascinating insights. When you travel with Cal Discoveries Travel, you can be assured that we understand your desire for a strong educational component, a carefully selected destination, and a Cal connection on every trip.

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Lecturer Biography – Dylan Davis is currently the Asia Foundation’s Country Representative in Korea. As a seasoned specialist, Mr. Davis has extensive experience working with in-country and academic institutions focusing on Korean development and beyond. Mr. Davis oversees the Foundation’s office in Seoul, and its programs working to strengthen the capacity of South Korean government agencies and NGOs, promoting international exchanges with North Korea, and facilitating regional cooperation in Northeast Asia. Prior to this appointment, he served as Program Director for the Center for Korean Studies at the University of California, Berkeley, where he focused on strengthening research and programs on Korea at UC Berkeley, and promoting knowledge about Korea on campus and in the region. Prior to his position with UC Berkeley, Mr. Davis spent eight continuous years in Korea serving in various capacities, including in the Public Affairs Section of the U.S. Embassy in Seoul, as an International Affairs Officer at the Yonsei University Health System (Severance Hospital), and as a Fulbright Grantee to the Korean-American Educational Commission. In 2013, he was selected by the Mansfield Foundation as one of ten Korea specialists to join the first cohort of Korea Foundation-Mansfield Foundation Korea Nexus Scholars.

Cal lecturer’s participation is contingent on a minimum number of paying travelers and cannot be guaranteed.

Tour Highlights

- Custom-designed 10-night itinerary on land and by sea, the best way to see the richness of this beautiful region—three nights in the enchanting city of Kyoto and a seven-night cruise aboard the exclusively chartered, Five-Star small ship M.S. LE SOLEAL.
- Visit Himeji Castle, the oldest surviving feudal structure of medieval Japan; walk through Peace Memorial Park in Hiroshima and visit its comprehensive museum; and tour Itsukushima Shrine in Miyajima with its awe-inspiring Great Torii Gate, which appears to float on water at high tide.
- In Gyeongju, South Korea, see the glorious Buddhist Bulguksa Temple, which represents the material expression of Buddhist utopia on Earth, and the ancient Silla Kingdom Royal Burial Mounds.

For further information, please call the Cal Discoveries Travel office at 510.900.8222 or toll free at 888.225.2586 or email caldiscoveries@alumni.berkeley.edu.

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Traditions, Ceremony and Ritual

A mysterious island nation, one of unsurpassed natural beauty and a way of life found nowhere else in the world, Japan and its fascinating culture is laden with ancient spiritual rituals, symbolism, stately ceremony and rich, storied tradition—the beginnings of which originated thousands of years ago. Tea ceremonies, Goh drama, ikebana (“the way of the flowers”), matsuri (the many seasonal festivals of worship) and classical landscape gardens are just some of the long-held traditions an immersion into Japanese culture will unveil. Experience the time-honored formality of the tea ceremony and look for the four different types of classical gardens: the paradise garden, kare-sansui (dry landscape) garden, stroll garden and tea garden, each with a different symbolic interpretation. You have the opportunity to stroll the harmonious landscaping of Koraku-en Gardens near Okayama. And, perhaps silent contemplation will reveal to you the lessons of the kare-sansui rock garden at Ryoan-ji, Kyoto’s Temple of the Peaceful Dragon, founded in 1450. This garden, one of the most famous in the world, represents the ultimate expression of Zen Buddhism—legend says that only 14 of the 15 rocks in the garden can be seen at once, and only when you attain spiritual enlightenment does the final stone reveal itself.

U.S.
Wednesday, May 4
Depart the U.S. and cross the International Date Line.

Osaka, Japan/Kyoto
Thursday, May 5
Arrive in Osaka, then transfer to beautiful Kyoto, the impeccably preserved former imperial capital of Japan. Check into the ideally located Five-Star KYOTO HOTEL OKURA. The remainder of the day is at leisure.

Kyoto
Friday, May 6
In timeless Kyoto, enjoy an ethereal setting of grand imperial castles, tranquil Zen gardens and graceful Shinto shrines that manifest Japanese culture in its purest form. Many of Kyoto’s ancient buildings and gardens are designated UNESCO World Heritage sites, including grandiose Nijo Castle, built by the shogun of the powerful Tokugawa dynasty (1603 to 1867); iconic Kinkaku-ji Temple, the famed 14th-century Temple of the Golden Pavilion, whose top two floors are completely adorned with gold leaf; and the Ryoan-ji Temple, originally an aristocrat’s villa during the Heian Period (794 to 1185), featuring a contemplative rock garden. Drawing inspiration from the Zen gardens of Kyoto, Steve Jobs used Ryoan-ji Temple as a place of meditation and its minimalistic simplicity as the guiding aesthetic principle of Apple™ products.

This afternoon, enjoy a visit to the captivating Fushimi Inari Shrine, one of the oldest Shinto shrines in Japan—the earliest structures were constructed in 711, dedicated to the deity of sake and rice. Its iconic red-orange torii gates lead up in succession to the magnificent Inari Mountain.

Join your traveling companions for a Welcome Reception this evening.

Kyoto
Saturday, May 7
Visit the UNESCO World Heritage site Kiyomizu Temple, which translates to “Pure Water Temple,” and is one of the most celebrated temples in Japan.

Cover Photo: Miyajima’s Great Torii Gate is thought to be the boundary between the spirit and the human worlds.
Photo this page: Kyoto’s UNESCO-designated Golden Pavilion functions as a shariden, housing relics of the Buddha.
Founded in 780 by the Hosso sect—one of the oldest schools of Japanese Buddhism—this elegant structure, built without a single nail on a wooded hillside above the Otowa Falls, is known for its spectacular views of surrounding Kyoto.

This afternoon, enjoy a traditional Japanese tea ceremony and visit the Gion District, known for its historical beauty, distinctive Japanese architecture and geisha performances.

Kyoto/Himeji
Sunday, May 8
Enjoy the morning at leisure before a scenic transfer to the extraordinary Himeji Castle, a UNESCO World Heritage site regarded as the oldest and grandest surviving feudal castle from 15th- to 17th-century Japan. This elegant structure was crafted entirely out of wood and comprises 83 buildings. In Japanese, it is referred to as Shirasagi-jo, meaning “white egret castle,” for its resemblance to a bird taking flight.

Later this afternoon, embark the M.S. Le Soleal.

Hiroshima/Miyajima
Monday, May 9
Visit Hiroshima’s compelling Peace Memorial Park, a tranquil, urban green space where the remains of the Genbaku Dome, which survived the forces of the atomic bomb, are a designated UNESCO World Heritage site and stand as a universal symbol of peace. Visit the Peace Memorial Museum, which chronicles the history of Hiroshima.

Continue to Miyajima, or “Shrine Island.” Tour the impressive sixth-century Itsukushima Shrine, a UNESCO World Heritage site, and see its stunning vermilion Great Torii Gate, both of which appear to float on water during high tide.

Hagi
Tuesday, May 10
Originally a small fishing port, the cultural town of Hagi was fortified by Mōri Terumoto in 1604. Enjoy a walking tour of the old samurai quarter, where many former samurai dwellings still stand and the roads are lined with original 19th-century earthen walls. Visit the early 17th-century Kikuya House, the former residence of a merchant wealthy enough to live among the samurai and one of the best-preserved examples of merchant-style architecture from the Edo Period. Tour the 17th-century Toko-ji Temple, from the Obaku School of Japanese Zen Buddhism, and see its 500 moss-covered stone lanterns honoring the Mōri clan lords. Visit a Hagi-yaki pottery kiln, where highly prized tea wares are produced using centuries-old skills and craft techniques, and the Hagi Uragami Museum, which displays over 5000 traditional woodblock prints and porcelain pieces.

The Purification Hall, or Haraiden, of Itsukushima Shrine faces the Great Torii Gate and has been used for monthly festivals and for performing religious dances on rainy days.

Walk through the elaborately decorated monuments of ancient Kyoto.
Matsue
Wednesday, May 11
Enjoy a scenic drive through Matsue to tour the acclaimed Adachi Museum of Art. This stunning combination of Japanese art and garden design features a collection of 20th-century paintings and modern art, while the perfectly landscaped gardens, featuring a kare-sansui (dry landscape) garden, are widely considered to be the best in the country.

Return to the ship for lunch and an afternoon of cruising with lectures by our onboard study leaders.

Ulsan, South Korea, for Gyeongju
Thursday, May 12
Travel across the magnificent landscape from Ulsan, South Korea, to the cradle of the Silla Kingdom (57 B.C. to A.D. 935) in the historic city of Gyeongju. Visit the glorious Bulguksa Temple, a UNESCO World Heritage site and part of a religious architectural complex that represents a material expression of Buddhist utopia on Earth. The complex is divided into three areas—the Vairocana Buddha Hall, the Hall of Great Enlightenment and the Hall of Supreme Bliss—and comprises a series of wooden buildings on raised stone terraces, featuring multiple bridges and two pagodas.

Visit Gyeongju National Museum, which houses priceless archaeological and historical artifacts. Enjoy a specially arranged Korean lunch in a local restaurant featuring the regional specialty, galbi gui.

After lunch, visit the Royal Burial Mounds at Tumuli Park where, in 1974, the 43-foot-high Cheonmachong (Heavenly Horse) Tomb, dating from the fifth century, was excavated, revealing over 10,000 royal treasures inside.

Moji, Japan
Friday, May 13
Enjoy a tour of Moji. Visit the beautiful Mekari Shrine, built by Empress Jingu, wife of the 14th Emperor of Japan, to give thanks to the gods. See Mimosusogawa Park and its monuments honoring the Genpei War, (1180 to 1185), and visit the Akama Shrine, dedicated to the child Emperor Antoku.

Then, experience the lively excitement of the Karato Fish Market, a wholesale market where professional chefs come to purchase the freshest seafood to prepare time-honored recipes and sushi in their restaurants.

Enjoy the Captain’s Farewell Reception on board this evening.

Uno
Saturday, May 14
From the port of Uno, participate in one of two included excursions. Enjoy a scenic drive to the lovely town of Kurashiki, which translates to “storehouse village,” one of the best-preserved mercantile towns in Japan; its distinctive black and white latticed buildings remain from the 17th-century Edo period. Visit the old merchant quarter and walk among the traditional kara (granary) buildings beside small, tranquil canals framed by weeping willows. Or, choose to visit the famous Koraku-en Gardens, situated on the outskirts of Okayama. Commissioned by Lord Ikedo in 1700, it is a classic strolling garden divided into three sections featuring bamboo, pine, plum and cherry trees and tea bushes.

Osaka/U.S.
Sunday, May 15
Disembark in Osaka and continue on the Kanazawa Post-Program Option, or transfer to the airport for your return flight to the U.S.
Small Ship, State-of-the-Art Design

The highly acclaimed, exclusively chartered M.S. LE SOLÉAL, launched in 2013, represents the newest generation of Five-Star small ships, featuring only 110 Suites and Staterooms and distinctive French sophistication.

Spacious 100% Ocean-View Suites and Staterooms, 95% with Private Balconies

Each large, air-conditioned Stateroom and Suite (200 to 484 square feet) features a private bathroom with shower or tub/shower combination and luxurious Five-Star hotel amenities. Most accommodations have two twin beds that convert into one queen bed, individual climate control, satellite flat-screen television, wireless Internet access, safe, minibar, full-length closet, writing desk/dressing table, hair dryer, plush robes and slippers.

Chic and Casual Dining

International and regional cuisine is served in the stylish, spacious L’Eclipse dining room in single, unassigned seatings; alfresco in the casual Pytheas Restaurant; or from 24-hour room service. Continental and buffet breakfast, buffet lunch, afternoon tea and a four-course dinner are served daily. Complimentary alcoholic and nonalcoholic beverages are served throughout the cruise.

Spacious Public Areas/World-Class Service and Facilities

In keeping with the low passenger density relative to the ship’s size, the public areas are spacious and inviting and can accommodate all passengers comfortably. Enjoy sweeping views from the Panoramic Lounge, nightly entertainment in the Main Lounge, and lectures, cultural performances and film screenings in the state-of-the-art theater. There is a library, Internet suite, Sun Deck, swimming pool, beauty salon, spa, Turkish bath-style steam room, a full range of fitness equipment and two elevators. The infirmary is staffed with a doctor and nurse. The highly trained international crew provides personable and attentive service.

Respect for the Environment

The state-of-the-art propulsion system and custom-built stabilizers provide an exceptionally smooth, quiet and comfortable voyage. By design, the ship is energy efficient and environmentally protective of marine ecosystems and has been awarded the prestigious “Clean Ship” rating, an extreme rarity among ocean-cruising vessels. The ship has two tenders.
Included Features
In Kyoto, Japan
◆ Three nights in the Five-Star KYOTO HOTEL OKURA.
◆ Full American buffet breakfast each morning.
◆ Welcome Reception.
◆ Tour impressive Nijo Castle, built by a powerful shogun of the Tokugawa dynasty and a UNESCO World Heritage site.
◆ Visit the magnificent UNESCO World Heritage-designated temple of Ryoan-ji, Kinkaku-ji and Kiyomizu.
◆ See the beautiful vermilion gates of the Fushimi Inari Shrine leading up to Inari Mountain.
◆ Traditional Japanese tea ceremony experience.
Transfer from Kyoto to Himeji, including lunch.

On board the exclusively chartered Five-Star small ship M.S. LE SOLÉAL
◆ Seven-night cruise from Himeji, Japan, with port calls at Ulsan for Gyeongju, South Korea; and Hiroshima, Miyajima, Hagi, Sakaiminato for Matsue, Moji, Uno for Kurashiki and Osaka, Japan.
◆ Spacious, Five-Star, ocean-view Suite and Stateroom accommodations, each with a private bathroom.
◆ All meals—continental breakfast, buffet breakfast, buffet lunch, afternoon tea and dinner—throughout the cruise, featuring fine international and regional cuisine, served at single, unassigned seatings.
◆ Complimentary alcoholic and nonalcoholic beverages are served throughout the cruise.
◆ Captain’s Welcome and Farewell Receptions.
◆ Guided visit to stunning Himeji Castle, a UNESCO World Heritage site and the finest surviving example of 17th-century Japanese castle architecture.
◆ Visit to Hiroshima’s compelling Peace Memorial Park, a UNESCO World Heritage site, with a visit to the Peace Memorial Museum.
◆ Visit to Miyajima (“Shrine Island”) to tour the UNESCO World Heritage site of sixth-century Itsukushima Shrine and see its stunning Great Torii Gate.
◆ Walking tour of Hagi’s old samurai quarter featuring visits to the early 17th-century Kikuya House and the 17th-century Toko-ji Temple.
◆ Visit to a Hagi-yaki pottery kiln and the Hagi Uragami Museum to see the famous craftsmanship of traditional clay and woodblock arts.
◆ Excursion to the acclaimed Adachi Museum of Art featuring a collection of Japanese modern art and perfectly landscaped kare-sansui (dry landscape) gardens.
◆ Excursion from Ulsan, South Korea, to historic Gyeongju, the cradle of the Silla Kingdom and a UNESCO World Heritage site, with visits to Bulguksa Temple, the Gyeongju National Museum and the Royal Burial Mounds at Tumuli Park, including a local Korean barbecue lunch.
◆ Panoramic tour of Moji, featuring the Mekari Shrine, built by 14th-century Empress Jingu; Akama Shrine, dedicated to 12th-century Emperor Antoku; and a visit to the lively Karato Fish Market.
◆ Tour of Kurashiki known for its willow-lined canals and distinctive 17th-century merchant buildings, OR an excursion to famous Koraku-en Gardens, a classic Japanese strolling garden completed in 1700.

Enhanced Travel Services
◆ Transfers and luggage handling abroad for participants whose arrival(s)/departure(s) coincide with the scheduled group transfer(s).
◆ All excursions and visits, as outlined above, with experienced local guides.
◆ Gratuities to local guides and drivers on included excursions and transfers.
◆ Hospitality desk in the hotel and aboard ship.
◆ The services of experienced GoHagan & Company Travel Directors throughout the program.
◆ Travel document wallet, name badge and pre-departure information.
◆ Complimentary use of a state-of-the-art audio headset for each participant during guided excursions.
◆ Automatic $250,000 flight insurance policy for each participant ticketed on flights by GoHagan & Company.
En route to Kyoto aboard the Bullet Train, look for majestic Mt. Fuji, Japan's highest mountain.

**Tokyo Pre-Program Option**

Experience Japan’s capital and the world’s most populous metropolis during your Pre-Program stay in vibrant Tokyo. Beneath the layers of thriving business districts, amidst the contemporary architectural achievements and a wellspring of Japanese pop culture, you will find venerable wooden houses fronted by bonsai trees and shrines wreathed in incense smoke—the inherent cultural core of this historic city.

Explore notable landmarks such as Tokyo’s most important Shinto shrine, the Meiji Shrine, the magnificent gardens of the Imperial Palace, and a full-day excursion to Hakone to view the tallest peak in Japan—the iconic Mt. Fuji—a UNESCO World Heritage site. Enjoy a high-speed transfer aboard the legendary Bullet Train to charming Kyoto to commence the main program. Accommodations are for three nights in the prestigious, Five-Star ANA INTERCONTINENTAL HOTEL TOKYO.

**Kanazawa Post-Program Option**

Visit remarkable Kanazawa, one of the best-preserved cities in Japan. Enjoy an excursion to the UNESCO World Heritage site of historic Shirakawa-go and the village of Ogimachi, famous for its traditional gassho-zukuri (praying hands) farmhouses—a reference to the shape of the roofs. Experience the art of Washi papermaking, a centuries-old Japanese handcrafting tradition and part of UNESCO’s Intangible Cultural Heritage list. Visit Kenroku-en Garden, one of the three Great Gardens of Japan, created for the enjoyment of feudal lords who lived in its 16th-century castle; and the Higashi Chaya district with historic teahouses where geisha once lived; and see the Nagamachi samurai district. Accommodations are for two nights in the deluxe ANA CROWNE PLAZA KANAZAWA and for one night in the Five-Star ANA INTERCONTINENTAL HOTEL TOKYO.

Pre- and Post-Program Options are available at additional cost. Details will be provided with your reservation confirmation.

Ogimachi, the largest village of Shirakawa-go—a UNESCO World Heritage site—is home to dozens of well-preserved, centuries-old gassho-zukuri farmhouses.
LAND/CRUISE TARIFF (per person, based on double occupancy)

<table>
<thead>
<tr>
<th>Stateroom Category</th>
<th>Description</th>
<th>Early Booking Price</th>
<th>Regular Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Deluxe Suite I</td>
<td>Two-room, ocean-view, expansive floor-to-ceiling sliding glass door onto large private balcony, two bathrooms: tub/shower and shower, large sitting area with sofa.</td>
<td>$10495</td>
<td>$11495</td>
</tr>
<tr>
<td>Deluxe Suite II</td>
<td>Two-room, ocean-view, expansive floor-to-ceiling sliding glass door onto large private balcony, two bathrooms: tub/shower and shower, large sitting area with sofa.</td>
<td>$11495</td>
<td>$12495</td>
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<tr>
<td>Prestige Suite I</td>
<td>Two-room, ocean-view, expansive floor-to-ceiling sliding glass door onto large private balcony, two bathrooms: tub/shower and shower, large sitting area with sofa.</td>
<td>$12495</td>
<td>$13495</td>
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Note: Additional costs may apply for certain staterooms and extra amenities. Please check the brochure for more details.

ANCIENT TRADITIONS OF THE INLAND SEA OF JAPAN RESERVATION FORM

Please make my/our reservation(s) in Stateroom Category:

1st Choice _____ 2nd Choice _____

[ ] Double occupancy (two twin beds).
[ ] Double occupancy (one queen bed).
[ ] Single accommodations.
[ ] I am reserving as a single but prefer to share accommodations and ask that you contact me should a share opportunity become available (shares cannot be guaranteed).

Please make my/our reservation(s):

Tokyo Pre-Program Option
[ ] Double at $1650 per person.
[ ] Single at $1980 per person.
[ ] I am reserving as a single but prefer to share accommodations.

Kanazawa Post-Program Option
[ ] Double at $1470 per person.
[ ] Single at $1395 per person.
[ ] I am reserving as a single but prefer to share accommodations.

[ ] I/We want you to book my/our air from (fill in departure city) to and from Osaka, Japan, at an additional cost to be advised.¹

[ ] Class: Economy
[ ] Business
[ ] First

¹Note: Airfare is subject to change and availability and is non-refundable.

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ACCEPTANCE OF CONTRACT: By forwarding of deposit, the participant certifies that he/she does not have any mental, physical or other condition of disability that would create a hazard for himself/herself or other participants and accepts the terms contained in this Release of Liability, Assumption of Risk and Binding Arbitration Agreement.

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