

WELCOME HOME!

Welcome to the Lair of the Golden Bear

Camp Blue Week __ 2018

Schedule of Events for Family Camp -- SUBJECT TO CHANGE

All Camp Activities

Check out our Adventure Programming - sign up at the camp store for Archery (additional cost), Mountain Biking (free!) and Family Fishing (free!)

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| Saturday | 2:00-5:00 PM | Camper Greet and Check-In at the Blue Greet Station. Late arrivals can check in at the Camp Blue Store during extended Saturday and Sunday hours. |
| | 5:00-6:00 PM | Welcome Mixer with Camp Blue Manager Charlie and Program Director Cyanna on the Lodge deck. Get acquainted over beverages and hors d'oeuvres before dinner. |
| | 7:00-7:30 PM | New Camper Tour. Meet at the Kiddie Campfire. All ages welcome. |
| | 8:00-9:15 PM | Welcome Campfire! Meet your 2018 Camp Blue Staff at the Stage for some laughs at our introductory show. |
| Sunday | 9:15-10:30 AM | Meet with the Camp Blue Hostess Audrey and Head Cook Kyle in the Dining Hall to discuss any dietary needs or concerns. |
| | 10:30-11:30 AM | Creekside. Come join the Music Director Hayley for relaxing music and inspirational readings by the creek. Camper participation encouraged! |
| | 10:30-11:30 AM | Come to the Wellness Center by the Teen Lodge in Camp Gold to learn about the Wellness Program and enjoy a complimentary mimosa (21 and over). |
| | 2:00-2:30 PM | Wacky Sunday Pool Show -- it's back and better than ever! Bring the whole family to the pool for some entertainment, pool games, and root beer floats. |
| | 2:30-3:00 PM | Campers vs. Staff Inner Tube Water Polo match at Blue pool. First real chance to show off your athleticism. 18 and over please. |
| | 8:00-9:00 PM | Guest Speaker: *FILL IN INFO HERE* At the Blue Stage. |
| Monday | 8:00 PM | Family Disco Bingo in the Dining Hall. Wear disco clothes (or any silly clothes) and bring 50 cents for a card. Oh, and be prepared to boogie down!! |
| Tuesday | 10:00-11:00 AM | For parents of teens and any interested teens: join your Teen Directors at the Teen Lodge for Preparing for College , an informative meeting with tips and insights on the college application process. The Teen Lodge is located between Camps Gold and Blue. |
| | 11:00 AM - Noon | Auditions for the Blue Revue (camper talent show) at the Stage. |
| | 4:00-5:00 PM | Adult Sing-along at the Stage. |
| | 6:00 PM | Vista Lounge! Join us for a gourmet prime rib dinner with all the trimmings at Vista Lodge. Arrive at 6:00pm for wine and appetizers; dinner is served at 6:30pm. Sign up in advance at your camp store. Seating is limited. You can request to dine with friends -- just tell the store crew or your Program Director. Ask about complimentary child care for diaper grads. |
| | 8:00-9:00 PM | Guest Speaker: *FILL IN INFO HERE* At the Blue Stage. |
| Wednesday | 2:00-3:00 PM | Auditions for the Blue Revue (camper talent show) at the Stage. |
| | 6:00 PM | Vista Lounge! Join us for a gourmet prime rib dinner with all the trimmings at Vista Lodge. Sign up in advance at your camp store. Seating is limited. Want to get back in time for the Revue? We can make that happen. Ask about complimentary child care for diaper grads. |
| | 8:00-9:00 PM | Blue Revue! Join Music Director Hayley and other camp celebrities at the stage for our weekly camper talent show. |
| | 10:00 to Midnight | Adult Party and Dance at Vista Lodge! Mingle with fellow adult campers from all three camps. Beer and wine provided. Come boogie down and whoop it up! Put your song requests in at the store if you wanna hear 'em on the dance floor. Ages 21 and over only. |
| | 9:15-10:00 PM | Stargazing at the Tennis Court with your Nature Director. Dress warmly. |
| Thursday | 8:00 PM | The Legendary Hootenanny at the Stage. Yee-haw! |
| Friday | 10:15 AM-noon | Women's Softball Big Game - Gold vs. Blue at Camp Gold. |
| | 1:30-3:00 PM | Men's Softball Big Game - Gold vs. Blue at Camp Gold. |
| | 7:45 PM | Athletics Awards and the World Famous Farewell Campfire Show at the Stage! |
| Saturday | 10:30:00 AM (note new time) | Check Out Time -- we'll be closing our gate at 10:45 AM to prepare for next week's campers. Drive carefully and we'll see you next year! Don't forget to post and share your photos using #lairofthegoldenbear |

General Daily Times

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| MEALS | 7:15-8:15 AM | Early Risers -- we've got freshly brewed hot coffee for you at the Blue Lodge. Stop by and say "hey!" |
| | 8:15 AM | Hiking Table opens for making lunches inside the Dining Hall. |
| | 7:00 AM-noon | Lair Bean is open for <i>purchasing</i> of lattes, espresso and other specialty coffee drinks and smoothies. Sorry, cash or credit cards only -- no gift cards or camper accounts. |
| | 7:45 - 9:15 AM | NEW: Breakfast Buffet 7:45- 9:15 AM Daily, Except Saturday which is 7:45 - 9:00 AM |
| | 9:15-10:15AM | Continental Breakfast at the Dining Hall |
| | 9:00-11:00 AM | Peet's Coffee at the Vista Lodge Monday-Friday |
| | 12:15 PM | Lunch |
| | 6:00 PM | Dinner |
| BURGER SHACK | 7:15-10:15 PM | Daily |
| STORE | SAT. HOURS: 9:00-10:30 AM, 2:00-5:00 PM, | Saturday regular hours for the Camp Blue Store are 9:00-10:30 AM, 2:00-5:00 PM |
| | SAT. EXT HOUR: 6:45-7:45 PM | Saturday extended hours: In an attempt to avoid long lines during peak hours, the Blue Store will also be open Saturday evening primarily for paid program sign ups including Horseback Riding, Archery, Massages, Vista Lounge dinners, etc., and for late arrival check-ins. |
| | SUN. - FRI. HOURS: 9:00-11:45 AM, 1:30-5:00 PM | Sunday-Friday regular hours for the Camp Blue Store are 9:00-11:45 AM, 1:30-5:00 PM |
| | SUN. EXT HOURS: 1:00-1:30 PM | Sunday extended hours: In an attempt to avoid long lines during peak hours, the Blue Store will be open for half an hour before it opens for regular business, primarily for paid program sign ups, including Horseback Riding, Archery, Massages, Vista Lounge dinners, etc. |
| WELLNESS Massage and Facials | 10:30-11:30 AM | Sunday: Come to the Wellness Center by the Teen Lodge in Camp Gold to learn about the Wellness Program and enjoy a complimentary mimosa! (21 & over) |
| | 10:30 AM -5:00 PM | Sunday: Wellness Center open. Sign up at any of the camp stores or at the Wellness Center. |
| | 9:30 AM -5:00 PM | Mon-Fri: Wellness Center open. Sign up at any of the camp stores or Wellness Center. |
| ADVENTURE PROGRAMS | Tuesday: 6:45-8:15 AM | Family Fishing! Staff accompanied fishing session. Wake up bright and early and head over to the lake with the kids for some shore fishing at a great location. Limited to 15 fisher-people per session. Adults, don't forget your pole and tackle and your fishing license! Sign up at the Nature Shed (free). Tuesday. |
| | 7:15-8:15 AM | Daily morning exercise activities. i.e. led jogs to the lake, circuit workout, and more! Check under the Athletics section for details. Monday-Friday |
| | 10:00-11:30 AM, 2:45-4:15 PM | Archery! Back this summer, we're offering archery at the Lair! Please sign up and pay in the store. Lessons will be Monday-Friday at the Archery Range near Teen Lodge. |
| | Monday: 10:00 AM-12:00 PM | Mountain Biking! Join a staff led ride on some local trails. Sign up in the store in advance (free). Forgot your mountain bike? We can tell you how to rent one from the Hub at Pinecrest Lake. Limited to 10 riders. 10AM on Monday. |
| MEDICAL | 9:30-11:30 AM | Nurse Practitioner is available at Blue Wounded Bears - open everyday |
| | Every Day | Emergency Medical Technician available 24 hours/7 days a week. |

Pool

Note: Adult swim is first 15 minutes of every hour

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| Saturday | 2:00-5:00 PM | Free swim. |
| Sunday | 10:00 AM-noon, 1:30-5:00 PM | Free swim. |
| | 2:00 - 2:30 PM | Wacky Sunday Pool Show -- it's back and better than ever! Bring the whole family to the pool for some entertainment, pool games, and root beer floats. |
| | 2:30-3:00 PM | Innertube Water Polo at the pool - Adult Campers vs. Staff. |
| Mon-Fri | 7:30-8:15 AM | Lap swim |
| | 9:30-10:30 AM | Water Aerobics. Join one of your lifeguards for a fun workout in the water. |
| | 10:30 AM-noon, 1:30-5:00 PM | Free swim. |

Athletics

Be sure and check out the Adventure Programs under General Daily Times for more activities that combine nature and sports!

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| Sunday | All Day | Sign-up for self organized tournaments in the Blue Lodge. Complete and record tournaments by Friday at 6pm. |
| | 10:00-10:45 AM | Athletics introductory meeting. Meet with the Athletic Directors and discuss all the fun athletic programs and activities available this year including Gaga Ball, KanJam, Spikeball, Mountain Biking (free) and Archery (additional cost). They'll also explain how the tournaments work. Meet in the lodge. |
| | 2:30-3:00 PM | Innertube Water Polo at the pool - Adult Campers vs. Staff. |
| | 4:00-5:00 PM | Women's softball practice at the Gold Softball Field. |
| | 7:00-8:00 PM | Adult tennis clinic. Meet at the tennis courts. |
| Monday | Tournament brackets posted in Blue Lodge. Complete tournaments by Friday at 6pm. | |
| | 7:15-8:15 AM | Sunrise jog to the lake. Meet with one of your Athletic Directors in front of the Dining Hall for a quick stretch followed by a beautiful 4 mile round trip jog to the lake. |
| | 9:30 AM-noon | Women's Doubles Tennis Round-Robin Tournament. Meet at the courts with a partner. |
| | 10:00-11:30 AM, 2:45-4:15 PM | Archery -- right here in camp. Please sign up and pay in the store. Lessons will be Mon-Fri. Openings limited to 15 campers per lesson. |
| | 1:00-2:00 PM | Homerun Derby! Meet at the Gold Softball Field. (18 and under) |
| | 4:00 - 5:00 PM | Volleyball clinic. Meet at the Volleyball Court. |
| | 6:45-7:45 PM | Women's Camper vs. Staff Volleyball. |
| | Tuesday | 7:15-8:15 AM |
| 10:00-11:30 AM, 2:45-4:15 PM | | Archery! Take a lesson or hone your archery skills. Please sign up and pay in the store. Sessions will be Mon-Fri. Openings limited to 15 campers per session. |
| 10:00 AM-noon | | Men's Doubles Tennis Round-Robin Tournament. Meet at the courts with a partner. |
| 1:15-3:00 PM | | Women's Camper vs. Staff Softball Game at the Gold Softball Field. |
| 3:30-4:30 PM | | Men's Camper vs. Staff Basketball Game at the basketball court. |
| Wednesday | 7:15-8:15 AM | Sunrise jog to the lake! Meet with one of your Athletic Directors in front of the Dining Hall for a quick stretch followed by a beautiful 4 mile round trip jog to the lake. |
| | 10:00-11:30 AM, 2:45-4:15 PM | Archery! Please sign up and pay in the store. Sessions will be Mon-Fri. Openings limited to 15 campers per session. |
| | 2:00-3:45 PM | Join one of your staffers on the Blue tennis courts for an exciting and friendly Lair soccer tournament! All ages. |
| | 6:45-7:45 PM | Men's Camper vs. Staff Volleyball. |
| | 6:45-7:45 PM | Men's softball practice at the Gold Softball Field. |
| Thursday | 7:15-8:15 AM | Plyometric Circuit Workout! Mid-level athletes and above. Come sweat it out before breakfast! Meet at the Teen Lodge. |
| | 10:00-11:30 AM, 2:45-4:15 PM | Archery. Please sign up and pay in the store. Sessions will be Mon-Fri. Openings limited to 15 campers per session. |
| | 10:00-11:00 AM | Women's Blue vs. Gold Volleyball at Blue. |
| | 11:00 AM-noon | Men's Blue vs. Gold Volleyball at Blue. |
| | 1:15-3:00 PM | Men's Camper vs. Staff Softball Game at Gold. |
| Friday | 7:15-8:15 AM | Sunrise Tricampal Biathlon! A jog to the lake and a swim IN the lake! Sign up in the Lodge by Thursday morning! Meet at the Gold Softball Field. |
| | 10:00-11:30 AM, 2:45-4:15 PM | Archery -- last day! Please sign up and pay in the store. Openings limited to 15 campers per session. |
| | 10:15-11:45 AM | Women's Softball BIG GAME: Blue vs. Gold at Gold. Come cheer on your ladies! This game is but once a year! Because it's the morning, there will be mimosas! (21 & over) |
| | 1:30-3:00 PM | Men's Softball BIG GAME: Blue vs. Gold at Gold. Because it's the afternoon, there will be a keg (21 & over) and hot dogs! |
| Tournaments to be COMPLETED & RECORDED by 6:00 PM. | | |

Nature/Hiking

Adventure Programming, here in camp! Sign up at the store for our free programs including Mountain Biking, Kayaking and Family Fishing; and sign-up and pay for Archery, Stand Up Paddle Boarding and Horseback Riding

| *Sign-ups for hikes will be available at the Nature Shed. Sign-ups are required for all hiking programs.* | | |
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| Sunday | 10:00-10:30 AM | Introductory hiking meeting with your Nature and Hiking crew. Meet at the Nature Shed to discuss the hikes for the week. |
| | 7:00-9:00 PM | Sunset "hike" with wine (21 & over) and cheese. It's not truly a hike. More of a drive and a stroll, but the view is gorgeous. On a clear day, Mt. Diablo is visible so bring some binoculars. Wear warm clothes and meet at the Blue Office. |
| Monday | 9:00 AM-4:00 PM | Hike! Pack a lunch and plenty of water. Meet in front of the Blue Office. |
| | 10:00 AM-12:00 PM | Mountain Biking! Join a staff led ride on some local trails. Sign up (free) in the store in advance. Forgot your mountain bike? We can tell you how to rent one from the Hub at Pinecrest Lake. Limited to 10 riders. Meet in front of the Blue Office. |
| Tuesday | 6:45-8:15 AM | Family Fishing! Staff accompanied fishing session. Wake up bright and early and head over to the lake with the kids for some shore fishing at a great location. Limited to 15 fisher-people per session. Sign up (free) at the Nature Shed. Meet in front of the Blue Office. |
| | 8:30 AM-10:30 AM | Stand Up Paddle Boarding with a light breakfast at the lake. Sign up and pay at the store. Spots are limited. Meet in front of the Blue Office. |
| | 11:00 AM-4:00 PM | Hike. Pack a lunch and water. Meet in front of the Blue Office. |
| Wednesday | 9:00 AM-4:00 PM | All Day Hike. Meet in front of the Blue Office. |
| | 9:15-10:00 PM | Stargazing at the Tennis Court with your Nature Director. Dress warmly. |
| Thursday | 7:15-9:00 AM | Yoga Stand-Up Paddle Boarding at Pinecrest Lake. Meet in front of the Blue Office at 7:00am. Sign up and pay at the store by Tuesday . Meet in front of the Blue Office.. |
| | 11:00 AM-4:00 PM | Hike. Pack a lunch and plenty of water. Meet in front of the Blue Office. |
| Friday | 7:30-9:30 AM | Morning kayaking on the lake. Free, but please sign up at the store; spots are limited. Meet in front of the Blue Office. |

Arts and Crafts

Lanyards close at 11:15 AM and 3:30 PM daily. Please dress appropriately -- art is messy work! Closed toe shoes for pottery. Ages 8 and older unless accompanied by an adult.

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| Sunday | 9:45-10:00 AM | Pottery demonstration - the rest of the Art Grove will be closed at that time. Dress appropriately! |
| | 10:00-11:45 AM | Meet the Art Grove Crew for an introduction to the Art Grove. |
| | 3:00-4:30 PM | Art Grove open! |
| Monday | 9:45-11:45 PM, 1:30-3:00 PM | Open for pottery and tile/bisqueware painting at the Art Grove. Buy tiles and clay at the store. Get started on your hemp bracelets as well! |
| | 4:00-5:00 PM | Adult Art Hour. Come join your Art Directors for a relaxing art session with some complimentary wine (21 & over) and cheese. |
| Tuesday | ALL BISQUEWARE POTTERY MUST BE DRY, GLAZED, AND ON THE KILN SHELVES BY 4:00 PM TODAY / TUESDAY TO BE FIRED ** | |
| | 9:45-11:45 AM, 1:30-4:00 PM | Tie-dye, pottery, lanyards and hemp bracelets all day! Buy your shirts and other items at the store and come by the Art Grove to tie-dye with the art crew! |
| | 10:00 AM | Tie-dye demonstration- Learn the ways of Lair Tie-dye. |
| Wednesday | ALL HANDMADE POTTERY MUST BE DRY, GLAZED, AND ON THE KILN SHELVES BY 4:00 PM TODAY / WEDNESDAY TO BE FIRED ** | |
| | 9:45-11:45 AM, 1:30-4:00 PM | Glazing, tie-dye, and hemp bracelets continue. Don't forget to bring finished projects to the kiln! |
| Thursday | 9:45-11:45 AM, 1:30-4:00 PM | T-shirt painting supplies will be available & you can continue working on your lanyards, hemp bracelets, and tie-dye. |
| | 4:00-5:00 PM | Adult Art Hour. Come join your Art Directors for a relaxing art session with some complimentary wine (21 & over) and cheese. |
| Friday | 9:45-11:45 AM, 1:30-4:00 PM | Finish all art projects, and remember to pick them up! Finished ceramics will be located next to the kiln shed. |
| Saturday | 8:00-9:30 AM | Pick up artwork on the kiln shelf next to the Dining Hall. |

Music

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| Sunday | 10:30-11:30 AM | Creekside! Come join the Music Director for relaxing music and inspirational readings by the creek. Camper participation encouraged. |
| Tuesday | 11:00 AM -noon | Auditions for the Blue Revue (camper talent show) at the Stage. |
| | 4:00-5:00 PM | Sing-along at the Stage! Bring your instruments, voices, enthusiasm, and we'll bring the song books. |
| Wednesday | 9:30 - 10:30 AM | Sing-along with the 6&7's and KK at the Blue Kub Korral! |
| | 2:00-3:00 PM | Auditions for the Blue Revue (camper talent show) at the Stage. |
| | 8:00-9:00 PM | Blue Revue! Join Music Director, Haley and other camp celebrities at the stage for our weekly camper talent show. |
| | 10:00-11:00 PM | Teen Sing-along at the Teen Lodge. Meet at the Stage. Play an instrument? Bring it! Don't play an instrument? Bring yourself! |
| Thursday | 10:30 AM-noon | Meet with the three camps' Music Directors at the Vista Lodge for a Jam Session. Remember to bring your instrument if you play. |
| | 8:00 PM | The Legendary Hootenanny at the Stage. Yee-haw! |
| Friday | 10:30 AM-noon | Bring your instruments for mellow music at the Vista Lodge. |

Lair Yoga

Lair Yoga classes are led by professionally licensed instructors and are entirely free of charge! All Lair Yoga programs take place at the Yoga Tent next to Vista Lodge (unless otherwise noted).

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| Sunday | 10:10-11:00 AM | Yoga For All. Basic Hatha Yoga including dynamic and static poses to gain awareness, strength, flexibility, and balance. Bobby is your instructor. |
| | 11:15-12:00 PM | Gentle Yoga. A relaxing class to improve strength and mobility while enjoying the fresh outdoor air. Bobby is your instructor. |
| | 3:30-4:20 PM | Yoga For All. Basic Hatha Yoga including dynamic and static poses to gain awareness, strength, flexibility, and balance. Bobby is your instructor. |
| Monday | 7:15-8:00 AM | Sunrise Yoga. Wake up your body and your mind with gentle yoga poses. Jill is your instructor. |
| | 10:10-11:00 AM | Yoga For All. Basic Hatha Yoga including dynamic and static poses to gain awareness, strength, flexibility, and balance. Dorothy is your instructor. |
| | 11:15-12:00 PM | Gentle Yoga. A relaxing class to improve strength and mobility while enjoying the fresh outdoor air. Dorothy is your instructor. |
| | 1:30-2:20 PM | Mindful Meditation. Come relax and learn meditation skills. When you heal the mind you heal the body. This session will take place in the Vista Lodge. Dorothy is your instructor. |
| Tuesday | 10:10-11:00 AM | Yoga For All. Basic Hatha Yoga including dynamic and static poses to gain awareness, strength, flexibility, and balance. Ana is your instructor. |
| | 11:15-12:00 PM | Pilates. You will do the basic Pilates mat techniques to strengthen and tone your entire body. Ana is your instructor. |
| | 1:30-2:20 PM | Gentle Yoga. A relaxing class to improve strength and mobility while enjoying the fresh outdoor air. Ana is your instructor. |
| Wednesday | 7:15-8:00 AM | Sunrise Yoga. Wake up your body and your mind with gentle yoga poses. Ana is your instructor. |
| | 10:10-11:00 AM | Yoga For All. Basic Hatha Yoga including dynamic and static poses to gain awareness, strength, flexibility, and balance. Ana is your instructor. |
| | 11:15-12:00 PM | Pilates. You will do the basic Pilates mat techniques to strengthen and tone your entire body. Ana is your instructor. |
| | 1:30-2:20 PM | Gentle Yoga. A relaxing class to improve strength and mobility while enjoying the fresh outdoor air. Ana is your instructor. |
| Thursday | 10:10-11:00 AM | Yoga For All. Basic Hatha Yoga including dynamic and static poses to gain awareness, strength, flexibility, and balance. Dorothy is your instructor. |
| | 11:15-12:00 PM | Gentle Yoga. A relaxing class to improve strength and mobility while enjoying the fresh outdoor air. Dorothy is your instructor. |
| | 1:30-2:20 PM | Mindful Meditation. Come relax and learn meditation skills. When you heal the mind you heal the body. This session will take place in the Vista Lodge. Dorothy is your instructor. |
| Friday | 7:15-8:00 AM | Sunrise Yoga. Wake up your body and your mind with gentle yoga poses. Lauren is your instructor. |
| | 10:10-11:00 AM | Yoga For All. Basic Hatha Yoga including dynamic and static poses to gain awareness, strength, flexibility, and balance. Lauren is your instructor. |
| | 11:15-12:00 PM | Gentle Yoga. A relaxing class to improve strength and mobility while enjoying the fresh outdoor air. Lauren is your instructor. |

Kub Korral

**** The Kub Korral is for two to five year old diaper-graduates. Sign-in and sign-out is required. ****

| Ready, Set, SUNDAY! | |
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| Sunday | 9:30 AM -12:00 PM INTRODUCTORY MEETING for parents and children at the Kub Korral followed by Lair Calendar making with your KK crew! Sign-in and sign-out required. |
| | 2:00-3:00 PM Wacky Pool Show is back! Frolic and fun at the pool ...and root beer floats! |
| | 3:30-4:30 PM We're going to decorate our cars for tonight's 'Drive-in' movie in the DH! Come ready to craft with the cool kids. |
| | 7:45-9:15 PM Cruise on into the Dining Hall for our 'Drive-in' movie! We'll hangout in the box cars we made and enjoy some treats during a movie. |
| Dinosaur Day in the KK! | |
| Monday | 9:30-12:00 PM Join us on a Dinosaur Nature Walk where we will collect treasures from the forest & make collages. |
| | 2:30-4:30 PM Dinosaur Egg Hunt and Volcano making followed by story time in the KK! Don't forget to fill in your Lair Calendar. |
| Back To Bearsics! | |
| Tuesday | 9:30-12:00 PM Teddy Bear Picnic! Join the KK crew as we make Bear Crowns, hike to the Bear, and decorate it for a picnic. |
| | 2:30-4:30 PM Bear Day in the KK continues as we do our best bear impressions and splash around with water activities. Then it's Bear Story Time! |
| | 7:45-9:15 PM Crawl into the DH with the KK crew and the 6&7's for an awesome movie night that would make the Berenstain Bears jealous! |
| Music Day in the KK! | |
| Wednesday | 9:30-12:00 PM Join us in the KK to make music shakers, have a sing-along with the Music Director, and then a dance party! |
| | 2:30-4:30 PM Blue Revue Practice. We're going to put together the cutest skit possible for tonight's Blue Revue. |
| | 7:45-9:15 PM The Blue Revue. Come strut your stuff with us! |
| Super Hero Day in the KK! | |
| Thursday | 9:30-12:00 PM Make sure to wear any super hero clothes you may have brought! And we'll paint disguises too! What do super heros love more than anything?? You guessed it! Arts and Crafts! Come make some super duper crafts with us. |
| | 2:30-4:30 PM Bring your creative minds and we'll continue this super crafty day! Are you ready for some mural painting?? |
| The Most Fantastic Friday in the KK! | |
| Friday | 9:30AM-12:15 PM It's our big day in the KK! We'll make sorcerer crowns and magic shakers and paint faces for our big parade in the DH at lunch! Pick up kids in the DH. (Parade is at 12:15 PM) |
| | 2:30-4:30 PM Creek walk with the KK! Please be sure to wear water friendly shoes. We'll gather some nature materials and make one last masterpiece. Then we'll finish up all our projects from the week. |
| Saturday | 9:15-10:00 AM SWEEP THE FOREST! Help keep our Lair beautiful. Meet at the KK to pick up litter in exchange for prizes! |

**** Children will be released after program unless parents state otherwise at Sunday Intro Meeting (exceptions noted below) ****

| Ready, Set, SUNDAY! | | |
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| Sunday | 9:45-11:45 AM | INTRODUCTORY MEETING at the Dining Hall for a meeting with parents and children. Then we're going to go on a quick safety tour of camp followed by some games like, Silly Showdown, at the stage! Pick up at the DH. |
| | 2:00-3:00 PM | Wacky Pool Show is back! Frolic and fun at the pool ...and root beer floats! |
| | 3:30-4:30 PM | Meet at the Dining Hall where we'll make Lair Journals for the week. Then we'll decorate our box cars for tonights 'Drive-in' Movie. |
| | 7:15-9:15 PM | Meet at the Dining Hall for s'mores followed by the 'Drive-in' Movie in the DH! We're going to hangout in our box cars and have some popcorn during an awesome movie! Parents: Please pick up kids in the DH after the movie. |
| Mother Nature Monday! | | |
| Monday | 9:45-11:45 AM | Nature Craft Scavenger Hunt! We'll gather materials during the scavo-hunt, then it's craft time. Meet at the Dining Hall. |
| | 2:30-4:00 PM | Volcano Making! Do you 'Lava' science and history as much as we do?? Meet at the DH for a Dino egg hunt and more! |
| Time Machine Tuesday! | | |
| Tuesday | 9:45-11:45 AM | Panning for gold in the creek! Learn how the pioneers used to do it! Meet at the Dining Hall. |
| | 2:30-4:00 PM | Rockin' rock art! Afterwards we're going to have story time at the Kiddie Campfire. |
| | 7:30-9:15 PM | Alright you little bears, crawl into the DH for an awesome movie night that would make the Berenstain Bears jealous! |
| World Famous Wednesday! | | |
| Wednesday | 9:45-11:45 AM | Shaker making and sing-along with the Music Director followed by a dance party! Meet at the DH. |
| | 2:30-4:00 PM | You are all going to be stars! Practice for the Blue Revue at the Dining Hall then we'll head to the stage for some games. |
| | 8:00-9:15 PM | The Blue Revue at the Blue Stage! Come strut your stuff with us! |
| Triple Play Thursday! | | |
| Thursday | 9:30-11:30 AM | 6&7's Olympics! Dress as your favorite sports star and meet in front of the Dining Hall then we'll walk over to join Gold and Oski at the Mike Koll Softball Field. We'll head straight from Olympics to our 6&7's Pool Party at the Camp Gold Pool, so bring your suit and towel! |
| | 11:30AM-1:15 PM | Pool Party at Camp Gold! Join us at the Camp Gold Pool if you missed the Olympics. Lunch will be provided at the Gold Pool. We'll walk the kiddos back to the front of the DH by 1:15PM. |
| | 2:30-4:00 PM | Cookie Decorating and Banner Making in the Dining Hall. Come meet your Camp Blue Baker! |
| | 6:00-7:00 PM | Meet at the Dining Hall for our big dinner party! |
| Felicitous Friday! | | |
| Friday | 9:45 AM-12:15 PM | Come to the Dining Hall for some team games! Then we'll head over to the KK to paint faces and make crowns for our special parade in the DH. |
| | 2:30-4:00 PM | Join us for a creek walk! Wear shoes and clothes that can get wet. Meet at the DH. After we explore the creek we'll write in our Lair Journals one last time put the finishing touches on them. |
| Saturday | 9:30-10:00 AM | SWEEP THE FOREST! Help keep our Lair beautiful! Pick up trash and exchange it for prizes! Meet us at the Ping Pong tables. |

8&9's

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| Ready, Set, SUNDAY! | | |
| Sunday | 9:45-11:15 AM | INTRODUCTORY MEETING. Meet at the Kiddie Campfire for a short meeting with parents and children. Then we're going to go on a quick safety tour of camp followed by some 8&9s ice breaker games! Don't forget to sign up for horseback riding by 5:00 PM |
| | 2:00-3:00 PM | Wacky Pool Show is back! Frolic and fun at the pool ...and root beer floats! |
| | 8:00-9:15 PM | Marshmallow Roast and Campfire!! Meet at the Kiddie Campfire for some marshmallows and Spooky Stories. We'll return to the Lodge afterwards. Bring a flashlight for added fun. |
| Marauder Monday! | | |
| Monday | 9:45-11:15 AM | Transcendent Treasure Hunt!! Are you guys ready to work together as a team to solve the clues and get the booty!? Join your 8&9's Directors at the Kiddie Campfire. If you have any pirate clothes, wear 'em! |
| | 2:30-4:30 PM | Horseback riding at Aspen Meadows. Meet at the Kiddie Campfire. Be sure to wear long pants. We will need some parents to drive us there and back. Sign-up, fill out permission slip and pre-pay at the store by 5:00 PM Sunday afternoon required. Limited to 15 riders. |
| Tributary Tuesday! | | |
| Tuesday | 9:30-1:15 PM | A hike to the lake for paddleboating and lunch with Camp Gold! Bring a towel and wear a swimsuit and your walkin' shoes. Meet at the Kiddie Campfire. We'll learn about bodies of water as we walk! We need parents to pick us up by the Snack Shack at the lake at 1:00 PM. |
| | 2:30-4:00 PM | Nature Scavenger Hunt with boat building, boat races and panning for gold in the creek! Learn how the pioneers used to do it! Wear your water shoes, and meet at the Kiddie Campfire. |
| | 7:30-9:15 PM | Movie at the Teen Lodge! Join your 8&9s Directors as well as the 8&9s from Camp Gold for a movie. Meet in front of the DH. |
| Whimsical Wednesday! | | |
| Wednesday | 9:30-11:15 AM | Capture the Flag! Time for our annual game with Camp Gold and Camp Oski. Bring your good sportsmanship! Meet in front of the Kiddie Campfire. |
| | 2:30-4:00 PM | Meet at the Kiddie Campfire for Blue Revue practice. After we put together our skit we're going to do some crafts. |
| | 8:00-9:15 PM | Make yourself famous at the annual Blue Revue at the Blue Stage! |
| Tell it like it is Thursday! | | |
| Thursday | 9:45-11:15 AM | Banner making for our VIP dinner party! Followed by games like Animal Yoga and Hula Hoopla! Meet at the Kiddie Campfire. |
| | 2:30-4:00 PM | Bear Beautification Project! Come on 8&9's! Let's make this bear beautiful! Afterwards we're going to get wacky with a wild water activity (wear something you don't mind getting a little water on). Meet us at the Bear. |
| | 6:00-7:00 PM | 8&9's VIP Dinner Party with Lair Cake in the Dining Hall. It's time to PARTY like VERY IMPORTANT PEOPLE! |
| Funky Fresh Friday! | | |
| Friday | 9:45-11:15 AM | Gaga Ball! Meet at the DH and get ready to dip, duck, dive and DODGE! |
| | 11:30 AM-1:15 PM | Pool Party!! TropiCAL themed - wear your blue, gold, Lair, Cal or Hawaiian themed clothes! At the Gold Pool. Lunch will also be at Gold. Meet in front of the DH for the journey over. |
| Saturday | 9:30-10:00AM | SWEEP THE FOREST! Help keep our Lair beautiful! Pick up trash and exchange it for prizes! Meet us at the Ping Pong tables. |

10,11&12's - Preteens

| Ready, Set, SUNDAY! | | |
|--------------------------------------|---------------|---|
| Sunday | 9:45-11:15 AM | INTRODUCTORY MEETING! Meet at the Bear. We'll have a quick meeting with parents, and then do introductions and play ice breaker games! Then we're gonna have some safety adventures around camp! |
| | 2:00-3:00 PM | Wacky Pool Show is back! Frolic and fun at the pool ...and root beer floats! |
| | 7:00-10:15 PM | Walk to a movie under the stars at Pinecrest Lake. Meet in front of the Dining Hall, and dress warmly! We need parent drivers to bring us back to the Blue Lodge after the movie. So parents please come to the front of the DH to arrange rides. Thank you! |
| MVP Monday! | | |
| Monday | 9:45-11:15 AM | Gaga Ball! Come check out our awesome Gaga Ball court and let's have some next level fun! Meet at the Bear. |
| | 2:10-3:45 PM | Rush-in Softball with Camp Gold! You're killin' me, Smalls! Remember your gloves and ball caps. Meet in front of the Dining Hall. |
| Tournament Tuesday! | | |
| Tuesday | 9:45-11:15 AM | We're going to play a ton of games! Ping-pong, KanJam, Spikeball, Cornhole! Then you can go get ready for today's pool party! Meet at the Bear. |
| | 11:30-1:15 PM | Preteen Pool Party with Gold and Oski!! Lunch and inner tube water polo at Camp Gold. Wear a swim suit and your finest tropiCAL attire (blue, gold, Lair, Cal or Hawaiian themed clothes). Meet in front of the DH and we'll walk over together. |
| | 2:30-3:45 PM | Nature Scavenger Hunt! Join us on a scavenger hunt around camp and we'll learn how to build a Lean-to! Meet at the outside dining area at the Dining Hall. |
| | 7:30-8:45 PM | Meet at the Kiddie Campfire for s'mores, laughs, and maybe even a spooky story or two. |
| Wild West Wednesday! | | |
| Wednesday | 9:00-11:15 AM | Horseback riding at Aspen Meadows. Meet at the Bear. Be sure to wear long pants. We will need some parents to drive us there and back. Sign-up, fill out permission slip and pre-pay at the store by 5:00 PM Monday required. Limited to 15 riders. |
| | 2:30-4:00 PM | Meet at the Bear for Blue Revue preteen skit practice. Followed by some team games. |
| | 8:00-9:15 PM | Bust a move at the annual Blue Revue at the Blue Stage. |
| Thank Goodness it's Thursday! | | |
| Thursday | 9:45-11:15 AM | Soccer match at the tennis courts! Get ready for the World Cup. Wear sneakers! Meet at the Bear. |
| | 2:30-4:00 PM | Capture the Flag! Time for our annual game with Camp Blue and Camp Oski! Bring your sportsmanship! Meet at the Blue DH. Wear closed toe shoes. |
| First-rate Friday! | | |
| Friday | 9:00-1:00 PM | The biggie of the week...a day at the lake including paddle boating! Meet at the DH with a towel and wear a swimsuit. Sunscreen is a good idea! Preteens must wear lifejackets while on the lake. Lunch is provided. No flip-flops please. We will need parents to pick us up at the lake around 1:00 PM by the Snack Shack. Thank you! |
| | 5:45-7:00 PM | Preteens VIP Dinner Party in the Dining Hall! Meet in front of the DH early to help decorate our super sweet party banner. |
| Saturday | 9:30-10:00AM | SWEEP THE FOREST! Help keep our Lair beautiful! Pick up trash and exchange it for prizes! Meet us at the Ping Pong tables. |

13-15 year olds - Young Teens

| Salubrious Sunday! | | |
|----------------------------------|------------------|---|
| Sunday | 10:00-11:00 AM | INTRODUCTORY MEETING! Meet at the volleyball court. Then we're gonna play some V-ball so wear your athletic gear! |
| | 2:00-3:00 PM | Wacky Pool Show is back! Frolic and fun at the pool ...and root beer floats! |
| | 7:00-10:30 PM | Movie under the stars at Pinecrest Lake with the Preteen gang! Meet in front of the Dining Hall and dress warmly. We need parent drivers to pick up at the lake after the movie. So please join us at the DH to arrange rides. Thanks! |
| Mercurial Monday! | | |
| Monday | 9:45 AM-1:00 PM | Rush-in Softball at Gold, then inner-tube water polo at the Gold Pool. Don't forget your gloves and hats for softball! Wanna find out who the Great Bambino was?? Meet at the volleyball court. |
| | 2:30-4:30 PM | Teen only Tie-dye session! Bring some of the things you want to tie-dye and meet at the Teen Lodge. |
| Not Another Teen Tuesday! | | |
| Tuesday | 10:00AM - noon | Teen Ping Pong/Cornhole Tournament! Meet at the Ping Pong tables and bring your A-game! |
| | 2:45-4:00 PM | 1970's themed Teen Blue vs. Gold Volleyball at Gold. Meet at the Dining Hall to walk over together. Time to unveil your sweat bands and 70's style athletic shorts. |
| | 6:00-7:00 PM | Young Teen BBQ at the Teen Lodge with Gold and Oski! Grab a burger and have some fun, OR ELSE! |
| | 8:45-9:30 PM | Young Teen Night swim with Gold and Oski at the Gold Pool! Bring a towel and meet in front of the DH. |
| Wil'n Out Wednesday! | | |
| Wednesday | 9:45 AM-11:00 AM | Teen Ultimate Frisbee with Gold and Oski! Meet in front of the DH and we'll walk over to the Mike Koll Softball Field at Gold. Wear your athletic gear. Don't like Ultimate Frisbee? Come anyway, we'll figure something out for you to do. |
| | 3:30-4:45 PM | Gaga Ball! Come check out our Gaga Ball court and let's have some next level fun! Meet at the Bear. |
| | 10:00-11:00 PM | Teen Sing-along at the Teen Lodge. Play an instrument? Bring it! Don't play an instrument? Bring yourself! |
| Tumultuous Thursday! | | |
| Thursday | 10:00-3:00 PM | Meet at the volleyball court for a gorgeous hike to Cleo's Bath. Make and bring your own lunch from the DH @ breakfast. Wear shoes, bring a towel, hat & sunscreen. We need parents to drive us to the lake -- thank you! |
| | 9:30-10:30 PM | COME ON DOWN!! Teen and Parent - Family Wed at the Stage following the Hoot. |
| On Fleek Friday! | | |
| Friday | 9:30 AM-noon | Teen party boats at Pinecrest Lake! We'll meet up with Gold and Oski and cruise the lake. Bring your swimsuit, towel and sunscreen! Meet at the volleyball court. We need parent drivers to and from the lake. |
| | 9:45-11:45 PM | This is it! Final Teen Party & Dance at the Teen Lodge. Come participate in our game stations and campfire and don't forget to dance! No teenagers with signs of alcohol use will be admitted. |
| Saturday | 10:00 AM | Come take one last group photo for the Lair's Instagram (@Lair1949), post photos using #lairofthegoldenbear and say goodbye to everyone. Meet at the Bear. :(|

16-17 year olds - Old Teens

| Salubrious Sunday! | | |
|-----------------------------|-------------------|--|
| Sunday | 10:00-11:00 AM | INTRODUCTORY MEETING! Meet at the volleyball court. Then we're gonna play some V-ball so wear your athletic gear! |
| | 2:00-3:00 PM | Wacky Pool Show is back! Frolic and fun at the pool ...and root beer floats! |
| | 8:45-10:00 PM | Night Swim at Gold with the Gold and Oski Teens! Meet at the volleyball court and bring your swim suit and a towel. |
| Mercurial Monday! | | |
| Monday | 9:45 AM-1:00 PM | Rush-in softball at Gold, then a tropiCAL themed pool party, then lunch followed by inner-tube water polo at the Gold pool. Meet at the volleyball court. Bring your bathing suit and a towel! Bring your scuba gear too, if you remembered to pack it. |
| | 2:30-4:30 PM | Teen only Tie-dye session! Bring some of the things you want to tie-dye and meet at the Teen Lodge. |
| Turnt Tuesday! | | |
| Tuesday | 10:00 AM-noon | Teen Ping Pong/Cornhole Tournament! Meet at the Ping Pong tables and bring your A-game! |
| | 10:00-11:00 AM | For parents of teens and any interested teens: join your Teen Directors at the Teen Lodge for Preparing for College , an informative meeting with tips and insights on the college application process. The Teen Lodge is located between Camps Gold and Blue. |
| | 2:45-4:00 PM | 1970's themed Teen Blue vs. Gold Volleyball at Gold. Meet at the Dining Hall to walk over together. Time to unveil your sweat bands and 70's style athletic shorts. |
| | 5:45-7:15 PM | Teen BBQ at the Lake! Followed by Teen Movie night at the Lake! Meet at the DH to walk over. We'll need parent drivers to pick us up from the lake after the movie so please join us in front of the DH to arrange rides. Even if you plan to skip the BBQ and head straight to the movie, please let your teen directors know. Thank you! |
| | 7:15-10:30 PM | Teen movie night at Pinecrest Lake! We'll head over after the BBQ. The BBQ area is at the South end of the Lake past the Amphitheater. We'll need rides after the movie, thanks! |
| Wil'n Out Wednesday! | | |
| Wednesday | 10:00 AM-11:30 AM | Teen Ultimate Frisbee with Gold and Oski! Meet at the Dining Hall at 9:45 AM and we'll walk over to the Mike Koll Softball field. Wear your athletic gear. |
| | 3:30-4:45 PM | Gaga Ball! Come check out our awesome new Gaga Ball court and let's have some next level fun! Meet at the Bear. |
| | 10:00-11:00 PM | Teen Sing Along at the Teen Lodge. Play an instrument? Bring it! Don't play an instrument? Bring yourself! |
| Tumultuous Thursday! | | |
| Thursday | 10:00 AM-3:00 PM | Meet at the volleyball court for a gorgeous hike to Cleo's Bath. Make and bring your own lunch from the DH @ breakfast. Wear shoes, bring a towel, hat & sunscreen. We need to arrange parents to drive to the Lake. |
| | 9:30-10:30 PM | COME ON DOWN!! Teen and Parent Family Wed at the Stage following the Hoot. |
| On Fleek Friday! | | |
| Friday | 9:30 AM-noon | Teen party boats at the Pinecrest Lake! We'll meet up with Gold and Oski and cruise the lake. Bring your swimsuit, towel and sunscreen! Meet at the volleyball court. We'll need parent drivers to and from the lake. Thanks parents! |
| | 9:45-11:45 PM | This is it! Final Teen Party & Dance at the Teen Lodge. Come participate in our game stations and campfire and don't forget to dance! No teenagers with signs of alcohol use will be admitted. |
| Saturday | 10:00 AM | Come take one last group photo for the Lair's Instagram (@Lair1949), post photos using #lairofthegoldenbear and say goodbye to everyone. Meet at the Bear. :(|