

Lair Menu 2018

subject to change

Fresh Salad Bar Served at Lunch and Dinner

Gluten Free*

Vegetarian Option

Breakfast Buffet

7:45 - 9:15am

Saturday*

Veggie Scramble
Bacon
Donuts
Breakfast Bar

** note Saturday breakfast buffet ends at 8:45am*

Sunday

[Maybe Links](#)

Omelettes
Breakfast Sausage Patties
Biscuits
Fresh Fruit Salad
Breakfast Bar

Monday

Pancakes
Bacon
Fresh Melon
Breakfast Bar

Tuesday

Scrambled Eggs
Breakfast Sausage
Mini Croissants
Fruit Salad
Breakfast Bar

Wednesday

French Toast
Fresh Raspberries
Bacon
Breakfast Bar

Thursday

Scrambled Eggs
Tortillas
Breakfast Potatoes
Salsa & Cheddar Cheese
Breakfast Bar

Friday

Belgian Waffles
Fresh Strawberries
Breakfast Sausage
Breakfast Bar

Lunch 12:15pm

Staff Only

Meatball Subs
Kale-Broccoli Slaw*
Vegan Meatball Subs*
Oatmeal Raisin Cookies

Pizza Party - Cheese and
Pepperoni
Bell Pepper & Olive Pizza
Vegetarian Minestrone Soup*
Rice Krispie Treats

Grilled Cheese
Tater Tots
Tomato Soup
Penguin Cookies

BBQ Chicken Sliders
Mushroom Sliders
Coleslaw*
Quinoa-Potato Salad*
Watermelon*

Beef Hot Dogs
Bratwurst/Chicken Apple
Beef Chili*
Curly Fries
Not Dogs
Chocolate Chip Cookies

BLT Sandwiches
Chicken Noodle Soup
Falafel & Pita
Hummus* with Pita & Olives
Ice Cream Cups

Dinner 6:00pm

Roasted Turkey*
Mashed Potatoes and Gravy*
Stuffing
Green Beans *
Sautéed Tofu*
Pumpkin Pie

BBQ Chicken & Ribs
Baked Beans*
Coleslaw*
Cornbread
Grilled Portobello*
Dream Bars

Chicken Fajitas*
Vegetable Fajitas*
Mexican Rice*
Black Beans*
Churros

Penne-Meatballs-Marinara
Roasted Summer Vegetables*
Garlic Bread
Vegetarian Penne
Carrot Cake

Shredded Beef/Braised Chicken Tacos
Vegan Taco Filling
Pinto Beans*
Corn and Bell Pepper Saute*
Salted Caramel Bread Pudding
Fish Fry

Salmon and Chicken Breasts
with Mango Salsa
Vegan Chicken Strips with
Garlic Noodles and Mango Salsa
Broccoli
Rice Pilaf
Brownies

Tri-Tip with Chimichurri*
Roasted Potatoes*
Corn
Parker House Rolls
Veggie Burgers
Banana Bread
FISH FRY