Massage at the Lair in 2021

The Lair wellness experience is all about personal service and the human touch. We not only want you to “feel good” and pampered, we also strive to make you feel safe and taken care of during your time with us so you can enjoy an escape from our busy, interconnected lives.

While safety and sanitation have always been essential in the wellness industry, the measures have now been heightened to encompass a new standard of cleanliness. We will utilize procedures outlined by the Federation of State Massage Therapy Boards (FSMTB) and CDC in addition to following up to date regulations in accordance with the California Massage Therapy Council (CAMTC), state and local governing agencies.

We will institute thorough cleaning, disinfecting and sanitizing protocols in the treatment rooms as well as communal areas and of any objects clients touch. Including proper laundry practices of all items coming into personal contact.

When possible and as often as we are able, our private outdoor treatment rooms will be used. Extra time in between sessions will be implemented for sanitization procedures and to recognize social distancing recommendations that may limit the number of people in the reception area.

Wellness staff members will practice proper handwashing, hygiene protocols and are required to use personal protection equipment. In addition to regular testing all therapists are encouraged to be vaccinated.

By implementing these practices, we will strive to make your wellness experience as safe as possible so you may enjoy the healing power of touch during your stay at the Lair.

You can book your one-hour Lair massage by logging into your account in our reservation system, going to the My Bookings link, and clicking the Rentals button.