Wonders of Laos, Cambodia & Vietnam

featuring Luang Prabang, the Angkor Empire & a Mekong Cruise

**Inspiring Moments**
- Stand before the remarkable, imposing temples of Angkor.
- Discover the traditions and lifestyles of rural river communities while cruising through Vietnam and Cambodia.
- Experience the soul-stirring sight of saffron-robed monks in Luang Prabang.
- Admire the exquisite costumes and dancers of an Apsara performance.
- Thrill to a cyclo ride that introduces you to the sights and sounds of Phnom Penh.
- From tuk-tuk and sampans to workshops and temples, encounter day-to-day life in Southeast Asia.
- Meet gracious villagers, who share their culture, lives and experiences with you.
- Experience two UNESCO World Heritage sites.

**Accommodations** (with baggage handling)
- 1 night in Saigon, Vietnam, at the deluxe Park Hyatt Saigon.
- 7 nights aboard the deluxe RV Mekong Navigator.
- 3 nights in Siem Reap, Cambodia, at the deluxe Sofitel Angkor Phokeethra Golf & Spa Resort.
- 2 nights in Luang Prabang, Laos, at the deluxe Villa Maly.

**Transfers** (with baggage handling)
- All transfers in the Land | Cruise Program: flight and deluxe motor coaches.

**Extensive Meal Program**
- 13 breakfasts, 10 lunches and 10 dinners, including Welcome and Farewell Dinners; wine with dinner; and complimentary water, coffee, tea, soft drinks, local spirits and beer on board the ship.

**Your One-of-a-Kind Journey**
- Visit 3 countries during this program.
- Discovery excursions highlight the local culture, heritage and history.
- Expert-led Enrichment programs enhance your insight into the region.
- AH! Sustainability Promise:
  We strive to make a positive, purposeful impact in the communities we visit.
- AH! Connects: Local immersion.
  - Welcome and Farewell Receptions.
  - A personal VOX headset to hear your English-speaking guide clearly.
  - Tipping of guides and drivers.

**Itinerary**

<table>
<thead>
<tr>
<th>Day</th>
<th>Activity</th>
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<tbody>
<tr>
<td>1</td>
<td>Depart gateway city</td>
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<tr>
<td>2</td>
<td>Cross international date line</td>
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<tr>
<td>3</td>
<td>Arrive in Saigon and transfer to hotel</td>
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<tr>
<td>4</td>
<td>Saigon</td>
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<td>5</td>
<td>Tien Loi Island</td>
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<td>6</td>
<td>Sa Dec</td>
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<td>7</td>
<td>Long Khanh A</td>
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<td>8</td>
<td>Phnom Penh</td>
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<td>9</td>
<td>Phnom Penh</td>
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<td>10</td>
<td>Angkor Ban</td>
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<td>11</td>
<td>Kampong Chn</td>
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<td>12</td>
<td>Siem Reap</td>
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<td>13</td>
<td>Siem Reap</td>
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<tr>
<td>14</td>
<td>Siem Reap</td>
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<tr>
<td>15</td>
<td>Luang Prabang</td>
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<tr>
<td>16</td>
<td>Transfer to Luang Prabang airport and depart for gateway city</td>
</tr>
</tbody>
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**Inclusions**
- Flights and transfers included for AH! FlexAir participants.
- Itinerary may change due to local conditions.
- Activity Level: Active programs are designed for people who are in good health and can comfortably participate in a demanding daily schedule of physical activities.
Discovery

**AHI Connects: Lao Traditions.** Learn about traditional Lao weaving at a Mekong village, followed by a special Baci ceremony.

**AHI Connects: Traditional Dance.** Revel in a performance of the graceful Apsara, a traditional Cambodian dance.

**AHI Connects: Long Kh’num.** Visit a Vietnamese village and see the intricate process of weaving kramas, colorful scarves.

**Luang Prabang.** Your journey reveals beautiful temples and chapels, scenic countryside and traditional Lao villages.

**Tak Bat.** Witness saffron-robed monks collecting alms throughout the city.

**Siem Reap.** Delight in a tuk-tuk tour of Siem Reap, followed by a dance show.

**Temples of Angkor.** Over two days, witness the magnificent temples of Angkor, including Angkor Wat with its incredible bas-reliefs; the great Angkor Thom, the last capital of the Khmers; Ta Prohm, nestled in a jungle home; and the recently restored Thommanon, host to exquisite carvings.

**Wat Hanchey.** Visit this peaceful hilltop temple and receive a traditional Buddhist water blessing from one of the monks.

**Angkor Ban.** Glimpse rural village life while interacting with a local family. Talk with students at a school and visit a monastery.

**Phnom Penh.** A cyclo ride introduces you to the city. Visit the gilded Royal Palace, Silver Pagoda and National Museum.

**Killing Fields and Genocide Museum.** An expert guide provides insight during a solemn visit to Tuol Sleng and the Cheoung Ek Killing Fields’ memorial and museum.

**Culinary Experiences.** Learn about traditional foods — including spring rolls and local, tropical fruits — during demonstrations.

**Cu Lao Gieng.** Board a sampan and cruise to a 19th-century cathedral. Visit a family-run workshop to see how rowboats are built.

**Sa Dec.** Glide through the canals on a sampan. Visit the home of Hyun Thuy Le and stroll through the town’s market.

**Vinh Long.** Visit a rice factory to see how paper, wine and candy are made from this humble grain, followed by a visit to a senior home run by Buddhist nuns.

**Tien Loi Island.** Witness day-to-day life in the river delta and visit quiet Tien Loi island.

**A City at War.** Explore Saigon’s history while visiting the Reunification Palace, city hall and War Remnants Museum.

**Ben Thanh market.** Experience daily life at Ben Thanh Market. See flowers, fruits, silk, lacquerware and many handicrafts.

Enrichment

- Life on the Mekong
- Agriculture, Rice, Cultivation and Fisheries
- Cambodia Today
- Contemporary Vietnam

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**UNESCO World Heritage**

1. Angkor
2. Town of Luang Prabang

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**Electives**

We’ve designed an engaging extension to take you further afield.

**Hanoi and Ha Long Bay.** Enhance your immersion into Southeast Asia during a three-night extension. Indulge in Hanoi’s architecture on a tour and sail Ha Long Bay — staying overnight aboard your elegant ship. Enjoy a puppetry show and ride around Hanoi’s old quarter.

Electives are available at an additional cost.

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Accommodations

- Villa Maly
- Sofitel Angkor Phokeethra Golf & Spa Resort
- RV Mekong Navigator
- Park Hyatt Saigon

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**AHI Sustainability Promise**

We strive to make a positive, purposeful impact in the communities we visit, whenever possible.

**Environmental Impact** | Thoughtful choices to minimize our environmental footprint: eco-friendly transportation, guided walks in lieu of bus tours and less plastic waste.

**Social Impact** | Ongoing initiatives to support local businesses that employ and benefit people in the community. Curating meaningful experiences by staying in intimately sized locales instead of cities affected by overtourism.

**Economic Impact** | Community-based tourism using expert local guides and lecturers, plus program scheduling during quieter, “shoulder seasons.”

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**AHI Travel Expertise**

**Passenger Service Representative** | Helps with everything from arranging flights to fulfilling special requests.

**Travel Director** | Manages all details to ensure a memorable trip.

**Travel information** | Prepares you fully for your journey.

**Expert local guides and lecturers** | Provide friendly, knowledgeable service and share their passion for their country.

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**Let us arrange your flights!**

**AHI FlexAir** | Our personalized air program features transfers, assistance and flexibility.

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**2022 DATES & PRICES**

**September 29 – October 14**

- **From Price** $6,745
- **Special Price** $6,495

Special Savings $250

VAT & Port Tax supplement is an additional $395 per person.

All prices quoted are in USD, per person, based on double occupancy and do not include air transportation costs (unless otherwise stated).

Single accommodations (available in most categories) are an additional $1,795 (limited availability).