Swiss Alps & the Italian Lakes

Inspiring Moments

► Witness majestic scenery carved by ancient glaciers aboard the historic Bernina Express, the highest rail crossing in the Alps.
► Indulge in the cosmopolitan ambience of St. Moritz, a jet-set resort town.
► Cruise on Lake Como, where golden sunlight dances across azure waters.
► Stroll through beautiful botanic gardens while listening to the melodies of birds on the Borromean Islands.
► Wind your way over the stunning Maloja Pass, a canvas of pristine lakes and picture-perfect villages.
► Gaze at Leonardo’s incredible “The Last Supper” during a visit to Milan.
► Discover the secrets of northern Italy’s cuisine during a cooking lesson.
► Experience two UNESCO World Heritage sites.

Accommodations (with baggage handling)
- 4 nights in St. Moritz, Switzerland, at the first-class Schweizerhof St. Moritz Hotel.
- 4 nights in Stresa, Italy, at the first-class Hotel La Palma.

Transfers (with baggage handling)
- Deluxe motor coach transfers during the Land Program.

Extensive Meal Program
- 8 breakfasts, 3 lunches and 3 dinners, including a Farewell Dinner; tea or coffee with all meals, plus wine with dinner.
- Opportunities to sample authentic cuisine and local flavors.

Your One-of-a-Kind Journey

► Discovery excursions highlight the local culture, heritage and history.
► Expert-led Enrichment programs enhance your insight into the region.

► AHI Sustainability Promise:
We strive to make a positive, purposeful impact in the communities we visit.

► AHI Connects: Local immersion.
- Free time to pursue your own interests.
- Welcome and Farewell Receptions.
- A personal VOX headset to hear your English-speaking guide clearly.
- Tipping of guides and drivers.
- Complimentary travel mementos.

Itinerary

Day 1 Depart gateway city
Day 2 Arrive in Zürich and transfer to hotel in St. Moritz
Day 3 St. Moritz | Zuoz
Day 4 Bernina Express | Tirano
Day 5 St. Moritz
Day 6 Maloja Pass | Como | Stresa
Day 7 Borromean Islands
Day 8 Milan
Day 9 Stresa
Day 10 Transfer to Milan airport and depart for gateway city

Flights and transfers included for AHI RevAir participants.
Note: itinerary may change due to local conditions.
Activity Level: We have rated all of our excursions with activity levels to help you assess this program’s physical expectations. Please call or visit our website for full details.

510.900.8222
alumni.berkeley.edu/caldiscoveries
Discovery

AHI Connects: Piedmontese Kitchen. Drive into the hills to a family-owned restaurant. Here, learn how to prepare select dishes of regional cuisine. Then tuck into a delicious meal, complemented by soul-stirring panoramas of the lake.

Welcome to St. Moritz and Zuo! Get to know St. Moritz on a walking tour, which includes visits to welcoming local shops. Embark a train for a ride to Zuo, a pretty town known for its brightly painted homes and buildings, cobbled main square and bubbling fountains.

Bernina Express. Wind your way from craggy mountain peaks to palm-lined streets during a train ride to Tirano, Italy. The Bernina Express travels along one of Europe’s most impressively engineered rail routes through mountain passes and villages. Savor local cuisine for lunch.

The Road to Stresa. Travel over a beautiful Alpine setting through the Maloja Pass, past Swiss villages mirrored in glacial lakes. In Tremezzo, located along the shores of Lake Como, board a boat for a ride to lakeside Bellagio and relax over lunch. Continue to Como via boat, delighting in scenes of bucolic shores and elegant villas. After, enjoy a scenic drive to Stresa.

Borromean Islands. Board a private boat or a cruise on Lake Maggiore to visit the stunning Borromean Islands. Marvel at a botanical garden on Isola Madre and soak up the charms of Isola dei Pescatori, a fishing village. Cap off your lake excursion at Isola Bella, home to a baroque palace and pretty gardens.

Cultural Milan. Visit the Church of Santa Maria delle Grazie, home to da Vinci’s incredible “The Last Supper.” Step inside La Scala Museum and the Duomo, a cathedral built by artisans from across Europe. Construction began in the late 14th century in the Gothic style, but architectural elements became more grandiose as construction continued in the next century.

Enrichment

▶ Essential Switzerland
▶ Meet the People
▶ Italy’s Lake District
▶ Golden Age of the Renaissance

UNESCO World Heritage
1. Rhaetian Railway in the Albula / Bernina Landscapes, Switzerland and Italy
2. Church and Dominican Convent of Santa Maria delle Grazie with Leonardo’s “The Last Supper,” Milan

AHI Sustainability Promise

We strive to make a positive, purposeful impact in the communities we visit, whenever possible.

Environmental Impact | Thoughtful choices to minimize our environmental footprint: eco-friendly transportation, guided walks in lieu of bus tours and less plastic waste.

Social Impact | Ongoing initiatives to support local businesses that employ and benefit people in the community. Curating meaningful experiences by staying in intimately sized locales instead of cities affected by overtourism.

Economic Impact | Community-based tourism using expert local guides and lecturers, plus program scheduling during quieter, “shoulder seasons.”

AHI Travel Expertise

Passenger Service Representative | Helps with everything from arranging flights to fulfilling special requests.

Travel Director | Manages all details to ensure a memorable trip.

Travel Information | Prepares you fully for your journey.

Expert Local Guides and Lecturers | Provide friendly, knowledgeable service and share their passion for their country.

Let us arrange your flights!

AHI FlexAir | Our personalized air program features transfers, assistance and flexibility.

DATES & PRICES

September 21-30, 2022

From Price $4,245

Special Savings $250

Special Price $3,995

VAT is an additional $395 per person.
All prices quoted are in USD, per person, based on double occupancy and do not include air transportation costs (unless otherwise stated).

Single accommodations are an additional $595 (limited availability).