Changing Tides of History
Cruising the Baltic Sea

Sweden • Finland • St. Petersburg • Estonia • Poland • Denmark

Featuring Guest Speakers

Lech Wałęsa
Former President of Poland
and
Sergei Khrushchev
Son of Nikita Khrushchev

Accompanied by Michael Nacht

July 29 to August 7, 2019
The Cal Discoveries Travel Difference

Our goal is to provide the University of California, Berkeley community with an exciting combination of discovery, learning and adventure in educationally oriented travel.

When you travel with Cal Discoveries Travel, you can be assured that we understand your desire for a strong educational component, a carefully selected destination and a Cal connection on every trip.

Benefits of traveling with Cal Discoveries Travel
• Experience "lifelong learning" with world-renowned Cal faculty and/or local experts
• Receive outstanding customer service from Cal Discoveries Travel staff with more than 40 years expertise
• Meet new friends and old, and find interesting, inquisitive travel companions who have Cal in common

Lecturer Biography
Professor Michael Nacht holds the Thomas and Alison Schneider Chair in Public Policy. From 1998-2008 he was Aaron Wildavsky Dean of the Goldman School. He is a specialist in U.S. national security policy; science, technology and public policy; and management strategies for complex organizations. He is the author or co-author of six books and more than 80 articles and book chapters on nuclear weapons policy; regional security issues affecting Russia and China, the Middle East and East Asia; cyber and space policy; counter-terrorism and homeland security; international education; and public management. He is currently chair of the Policy Focus Area for the Nuclear Science and Security Consortium led by the U.C. Berkeley Department of Nuclear Engineering. He is also co-investigator of a new Department of Defense Minerva Research Project on "Deterring Complex Threats" with colleagues from UC San Diego. He received a B.S. in Aeronautics and Astronautics and an M.S. in Operations Research from New York University and a Ph.D. in Political Science from Columbia University. Cal lecturer's participation cannot be guaranteed and is contingent on a minimum number of travelers.

Tour Highlights
• Explore the lands and legacies forged by centuries of Baltic history. Hear and learn more firsthand from historic world leader, Nobel Peace Prize Laureate and former President of Poland, Lech Wałęsa, and from noted author and award-winning scholar Sergei Khrushchev, son of Soviet Premier Nikita Khrushchev.
• Cruise aboard the exclusively chartered, Five-Star, Le Dumont d'Urville, newly launching in 2019 and featuring only 92 ocean-view Suites and Staterooms.
• Visit six Baltic countries and seven UNESCO World Heritage sites, including two days in the heart of regal St. Petersburg.
• See the storied architecture of Helsinki, Finland; tour the well-preserved medieval Old Town of Tallinn, Estonia; explore the former Vikings site and Hanseatic League town of Visby on Sweden's Gotland Island; and immerse yourself in the legacy of the Solidarity movement in Gdansk, Poland.
• Splendors of Stockholm Pre-Cruise Option and Wonders of Norway Post-Cruise Option.

CAA is a self-funded nonprofit organization that relies on donations to provide programs and services that support students, alumni, and the University. To make a gift, please visit alumni.berkeley.edu/give. Thank you for choosing CAA as the recipient of your generosity.

For further information, please call the Cal Discoveries Travel office at 510.900.8222 or toll free at 888.225.2586 or email caldiscoveries@alumni.berkeley.edu.

Like us on Facebook.com/CalDiscoveriesTravel
U.S.
Monday, July 29
Depart the U.S.

Stockholm, Sweden
Tuesday, July 30
From Sweden’s “Venice of the North,” embark the Five-Star Dumont d’Urville and cruise through the scenic Stockholm archipelago.

Helsinki, Finland
Wednesday, July 31
By special arrangement, attend an engaging lecture with distinguished author and scholar Dr. Sergei Khrushchev. Named the World Design Capital in 2012, Helsinki merges the influence of Classicism and the Finnish National Romantic Movement with Functionalism, establishing design as a permanent and significant component of the city. Approach this “Daughter of the Baltic Sea,” while cruising past the 18th-century maritime fortress of Suomenlinna, a UNESCO World Heritage site. On a panoramic city tour, see the stately Senate Square, University of Helsinki, Helsinki Cathedral, Kaivopuisto Park, Parliament Building and Finlandia Hall by the South Harbor and visit the sprawling, modernistic Temppeliaukio Church, or “Church of the Rock,” impressively hewn into solid natural bedrock.

After exploring the lively Market Square at leisure, reboard the ship and attend the Captain’s Welcome Reception.

St. Petersburg, Russia
Thursday, August 1
Founded in 1703 as his “Window on the West,” St. Petersburg is Peter the Great’s extraordinary vision. Cruise into the heart of the city for a panoramic tour of its UNESCO World Heritage-designated historic center, where landmarks are scattered across more than 40 islands linked by more than 300 bridges. See exquisite examples of Russian Baroque and neoclassical architecture along the main thoroughfare, Nevsky Prospekt; the ornate Church of the Savior on Spilled Blood (Church of the Resurrection of Christ), built on Emperor Alexander II’s assassination site; and the 19th-century St. Isaac’s Cathedral, whose striking golden dome crowns the city’s skyline. Visit St. Petersburg’s first building, the Peter and Paul Fortress, constructed to secure the country’s access to the sea, and the Baroque Cathedral of Saints Peter and Paul, where 32 czars, from Peter the Great to Nicholas II, the last of the Romanovs, are interred.

Tour the UNESCO World Heritage-designated Grand Palace of Petrodvorets, commissioned by Peter the Great to rival the Palace of Versailles, and its elaborately landscaped grounds, encompassing two centuries of imperial style, executed to perfection. Return to the ship by hydrofoil.

This evening, choose to attend an optional Russian folklore show performed in the Nikolaevsky Art Center, former residence of the Grand Duke.

Cover photo: Spanning 14 small islands, where shimmering Lake Mälaren meets one of the largest archipelagos in the Baltic Sea, Stockholm preserves its splendid medieval and Renaissance architecture.

Photo this page: Peter the Great himself partially engineered the resplendent plexus of waterfalls, fountains and statues that adorns the foreground of the opulent Grand Palace at Petrodvorets.
St. Petersburg  
Friday, August 2  
Enjoy a specially arranged, early-entry guided tour of the incomparable State Hermitage Museum. One of the world’s greatest art repositories, the UNESCO World Heritage-designated museum was the former palace of Catherine the Great. Its prestigious collections are rivaled only by the museum’s lavish interior. Savor a lunch of local Russian specialties and vodka while enjoying a traditional Cossack dance performance. Visit the imperial compound of Pushkin and the elaborate rococo Catherine Palace, a UNESCO World Heritage site, highlighted by the jewel-encrusted Amber Room, said to be the “Eighth Wonder of the World.”

Tallinn, Estonia  
Saturday, August 3  
Tallinn’s UNESCO World Heritage-designated Old Town has remained virtually unchanged for 600 years, largely escaping the ravages of World War II. During the walking tour, see the landmark Alexander Nevsky Cathedral, the 13th-century Church of St. Nicholas and Toompea Castle, the seat of Estonia’s Parliament. Visit the medieval Town Hall, the only intact Gothic-style hall in Northern Europe. During leisure time, wander Tallinn’s incredibly preserved Old Town before returning to the ship.

Visby, Gotland Island, Sweden  
Sunday, August 4  
Call at the Baltic island of Gotland, rich with Swedish history and abundant Viking and medieval sites. The UNESCO World Heritage-designated Old Town of Visby, the former Baltic center of the Hanseatic League, is arguably the best preserved medieval city in Scandinavia. On the walking tour through the cobbled streets of this “city of roses,” see 13th-century walls and original medieval architecture, tour the Gotlands Historical Museum and view the interior of the Cathedral of St. Mary; then enjoy leisure time in the Market Square.

Gdańsk, Poland  
Monday, August 5  
A former flourishing Hanseatic League port, today Gdańsk proudly displays its restored, late Renaissance and Baroque patrician mansions in the Stare Miasto (Old Town). Stroll along the pedestrian-only Droga Królewska (the Royal Route) and the Long Wharf to see the magnificent Neptune’s Fountain and the 14th-century Artus Court, a Gothic guildhall inspired by Britain’s legendary King Arthur. In 1980, shipyard workers led by Lech Wałęsa founded the Solidarity movement,
the first independent trade union in Eastern Europe and key to winning Poland’s struggle against Communism. Visit the historic Lenin Shipyard, where the movement began, see its Monument to the Fallen Shipyard Workers and meet the leader of the Solidarity movement, former President of Poland and Nobel Peace Prize Laureate Lech Wałęsa on board the ship this evening, where he will present his perspective on Solidarity, globalization and progress in the region.

Cruising the Baltic Sea
Tuesday, August 6
Spend the day at leisure cruising the Baltic Sea while enjoying a series of enriching lectures. Attend the Captain’s Farewell Reception this evening.

Copenhagen, Denmark/U.S.
Wednesday, August 7
Arrive in colorful Copenhagen, Denmark’s world-class capital. Disembark and continue on the Wonders of Norway Post-Cruise Option or depart for the U.S.

Enjoy an incredible journey through the verdant, mountainous fjordlands of Norway aboard the Flåm Railway, first proposed in 1871.

Splendors of Stockholm
A Royal Seaport and Capital City
Pre-Cruise Option
Handsome Stockholm is a harmonious blend of medieval, Renaissance and modern architecture showcased across 14 small islands connected by more than 23 bridges. Visit the magnificent City Hall, the site of the annual Nobel Prize banquet. Walk through the Gamla Stan (Old Town) and visit the maritime museum built to house the Vasa, the world’s only preserved 17th-century warship. Spend two nights in the ideally located Sheraton Stockholm Hotel.

Wonders of Norway
Copenhagen  Fjords  Bergen
By Flåm Mountain Railway and Coastal Ferry
Post-Cruise Option
Immerse yourself in majestic Norwegian landscapes and Scandinavian culture on this unique five-night journey from Copenhagen to Bergen. Enjoy an exclusively chartered cruise along Copenhagen’s idyllic canals, the highlights of vibrant Oslo and a private cruise into UNESCO World Heritage-designated Nærøyfjord. Travel through pristine fjordlands on the Flåm Railway, one of the world’s most scenic train rides, amid snowcapped mountains and alpine lakes. Tour the historic city of Bergen, including Bryggen (the old wharf), a UNESCO World Heritage site, and visit T罗ldhaugen, the home of famed composer Edvard Grieg. Spend four nights in comfortable hotels, including the historic STALHEIM HOTEL, and one night aboard an award-winning SEAWAYS ferry.

Pre- and Post-Cruise Options and the Optional Russian Folklore Excursion are available at additional cost. Details will be included with your reservation confirmation.
Introducing the extraordinary Blue Eye, the world’s first multisensory, underwater observation lounge. View the beauty of marine life through the large, subaquatic windows and integrated digital screens providing live images from underwater cameras and enjoy the sensory experience of listening to the ocean’s unique underwater universe in the comfort of the exclusive Blue Eye lounge.

Marine life viewing varies by location.

Luxury Small Ship, Innovative Design

Respect for the Environment
The newest addition to the Ponant “clean ship” fleet, Le Dumont D’Urville is energy efficient and eco-friendly, protecting fragile marine ecosystems while providing a safe and comfortable voyage.

Chic and Casual Dining
Dine indoors or alfresco on international and regional cuisine served in the stylish, spacious indoor-outdoor restaurant, at the casual pool deck grill or from 24-hour room service. Daily meals include continental and buffet breakfasts, buffet lunch, afternoon tea and four-course dinner.

92 Elegant Suites and Staterooms, All 100% with Private Balconies
Each Five-Star Stateroom and Suite (up to 484 square feet) features a private balcony. Grand Deluxe Suites have a bay window and spacious private terrace. Accommodations offer two twin beds or one queen bed, individual climate control and luxurious hotel amenities.

Life on Board
Enjoy sweeping views from the lounges, which open to the outdoors, and lectures, cultural performances or film screenings in the state-of-the-art theater. Relax in the spa and sauna or the Sun Deck’s infinity-style swimming pool. There is a beauty salon, fitness room and three elevators. Complimentary Wi-Fi is available throughout the ship.

World-Class Service
The highly trained, English-speaking crew are personable and attentive, and the ship has a medical center staffed with a doctor and nurse.
Exclusively Chartered, Five-Star Small Ship LE DUMONT D’URVILLE

- Eight-night cruise from Stockholm, Sweden, to Copenhagen, Denmark.
- Elegantly appointed, Five-Star Suite or Stateroom.
- Captain’s Welcome and Farewell Receptions.
- Complimentary alcoholic and nonalcoholic beverages available throughout the cruise.
- All meals aboard ship.
- Complimentary Wi-Fi throughout the ship.
- City tour of Helsinki featuring a visit to Temppeliaukio Church.
- Tour of the storied port city of Gdańsk, including its historic Lenin Shipyards and Old Town.

UNESCO World Heritage Site Highlights

- View of the old fortifications of Suomenlinna in Helsinki.
- City tour of St. Petersburg, featuring a visit to the impressive Peter and Paul Fortress.
- Specially arranged, early entry to St. Petersburg’s world-renowned State Hermitage Museum.
- Excursions to Peter the Great’s Petrodvorets and Catherine Palace in Pushkin, featuring the acclaimed Amber Room—including a lunch of traditional Russian specialties.
- Walking tour of Tallinn’s lower town and Town Hall Square.
- Walking tour of Visby, a historic former Hanseatic city on the island of Gotland.

Enhanced Travel Services

- Transfers and luggage handling abroad if your arrival(s)/departure(s) coincide with the scheduled group transfer(s).
- Experienced, English-speaking local guides for included excursions.
- Gratuities to local guides and drivers on included excursions and transfers.
- Group visa is included for excursions in Russia.
- Complimentary bottled water in your Suite or Stateroom and on excursions.
- An optional cultural performance in St. Petersburg is available at additional cost.
- Hospitality desk aboard the ship.
- Experienced Gohagan & Company Travel Director at your service.
- Complimentary use of an audio headset during guided excursions.
- Automatic $250,000 flight insurance policy for each participant ticketed on flights by Gohagan & Company.
By exclusive arrangement, Lech Wałęsa, former President of Poland (1990 to 1995), Polish hero and international icon in the pursuit of freedom and democracy, will meet with our group on board Le Dumont d’Urville. From his position as a marine electrician in Gdansk’s Lenin Shipyard, Mr. Wałęsa emerged as a world-renowned figure in the struggle against Communism during the 1980 shipyard workers’ strike and the establishment of the Polish Solidarity labor movement. Despite winning the right to form an independent union, Mr. Wałęsa and Solidarity continued to confront the Soviet-backed regime of General Wojciech Jaruzelski, which jailed Mr. Wałęsa and imposed martial law in Poland in December 1981. Mr. Wałęsa was awarded the Nobel Peace Prize in 1983, a watershed moment widely considered to have been the first crack in the Soviet Union’s Iron Curtain, which crumbled with the Berlin Wall in 1989. Mr. Wałęsa became the first foreign non-head of state to address a joint meeting of the U.S. Congress in 1989.

A distinguished author and scholar, Dr. Sergei Khrushchev is the son of former Soviet Premier Nikita Khrushchev (1957-1964) and a former Visiting Professor of Slavic Studies at Brown University, where he also served as a Senior Fellow at the Watson Institute for International Studies. Dr. Khrushchev’s research has focused on the history of the Cold War and the turning points in relations between the U.S. and the Soviet Union in the Khrushchev, Eisenhower and Kennedy eras; the history of Soviet missiles and space development, in which he played an active role; and the Soviet Union’s transformation from centralized to decentralized government and market economy. He co-authored his father’s memoirs, The Time, the People, the Power (1999), and translated them into English (2005-2007). Dr. Khrushchev is a popular commentator for the American media and the author of more than 350 books and articles, including Khrushchev on Khrushchev (1990), Nikita Khrushchev: Crisis and Missiles (1994) and Nikita Khrushchev and the Creation of a Super Power (2000).
CRUISING THE BALTIC SEA RESERVATION FORM

Send to: Cal Discoveries Travel | Cal Alumni Association  
1 Alumni House | Berkeley, CA 94720-7520  
510.900.8222 or 888.225.2586  
caldiscoveries@alumni.berkeley.edu

Please make my/our reservation(s) in Stateroom Category:  
1st choice ______ 2nd choice ______

I am reserving as a single but prefer to share accommodations and ask that you contact me should a share opportunity become available (shares cannot be guaranteed).

Please make my/our reservation(s):  
Splendors of Stockholm Pre-Cruise Option  
Double at $3995 per person.  
Single at $13995 per person.  
I am reserving as a single but prefer to share accommodations.

Wonders of Norway Post-Cruise Option  
Double at $2795 per person.  
Single at $3695 per person.  
I am reserving as a single but prefer to share accommodations.

1/We want you to book my/our air, at an additional cost to be advised, from:

(Tell in departure city)

Economy Class  
Upgraded Economy  
Business Class  
First Class  

Note: Airfare is subject to change and availability and is nonrefundable.

1/We will make my/our own air arrangements.

Title  Full Name (exactly as it appears on your passport)  Cal Class Year
Title  Full Name (exactly as it appears on your passport)  Cal Class Year
Street Mailing Address (no P.O. Box number please)
City  State  ZIP Code  
Telephone: (Primary)  (Cell)
Preferred Name(s) or Badge(s)  Tour No. 034-07/20/19-012

Program requirements may require a deposit of $800 per person and $200 per person Splendors of Stockholm Pre-Cruise Option and/or $200 per person Wonders of Norway Post-Cruise Option. By reserving and depositing on this program, I agree to the terms of the Reservation Agreement.

I am reserving as a single but prefer to share accommodations.

1/We want you to book my/our air, at an additional cost to be advised, from:

(Tell in departure city)

Economy Class  
Upgraded Economy  
Business Class  
First Class  

Note: Airfare is subject to change and availability and is nonrefundable.

1/We will make my/our own air arrangements.

One traveler per room, whether an alumni or friend, must be a current Cal Alumni Association member at the time of departure to participate in Cal Discoveries programs. Memberships are for individuals only, and are non-refundable and non-transferable. A traveling pair and their children under 21 years of age may travel on one membership. Please make dues payable to CAA by separate check, or, if you prefer, provide a Visa, MasterCard, or American Express number with expiration date for verification. You can also enroll online at alumni.berkeley.edu/join.

LAND/Cruise Tariff* excluding taxes*  
Per person, based on double occupancy

<table>
<thead>
<tr>
<th>Category</th>
<th>Stateroom</th>
<th>Early Booking</th>
<th>Tariff*</th>
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<tbody>
<tr>
<td>Deluxe Suite</td>
<td>Suite with expansive sliding glass door, large private balcony, shower, sitting area with sofa. Decks 3, 4, 5 and 6. (limited availability)</td>
<td>$12395</td>
<td>$13695</td>
</tr>
<tr>
<td>Prestige Suite</td>
<td>Two rooms, expansive sliding glass door, large private balcony, two bathrooms with showers, two closets, large sitting area with sofa. Deck 5. (limited availability)</td>
<td>$13695</td>
<td>$14695</td>
</tr>
<tr>
<td>Privilege Suite</td>
<td>Large Suite with expansive sliding glass door, large private balcony, shower, sitting area with sofa. Decks 5 and 6. (limited availability)</td>
<td>$13995</td>
<td>$14995</td>
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<tr>
<td>Grand Deluxe Suite</td>
<td>Large two-room Suite, expansive sliding glass door, spacious private terrace, full bathroom with tub and separate shower, additional private powder room, sitting area with sofa. Decks 5 and 6. (limited availability)</td>
<td>$15195</td>
<td>$16195</td>
</tr>
<tr>
<td>Owner’s Suite</td>
<td>Large two-room Suite, expansive sliding glass door, spacious private terrace with outdoor Jacuzzi, full bathroom with tub and separate shower, additional private powder room, sitting area with sofa. Deck 6. (limited availability)</td>
<td>$15495</td>
<td>$16495</td>
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Singles are available in category 5 at $15295* and in category 2 at $17795* or before January 17, 2019. Add $1000 for reservations made after January 17, 2019.

Taxes are an additional $495 per person and are subject to change. Le Dumont d’Urville has been specially contracted for this tour, and the applicable deck plan is available on request from Gohagan & Company and reflects the only valid cabin categorization of the vessel.

Enclosed is my/our check(s) for $__________ as deposit.

Please make my/our reservation(s) in Stateroom Category:

1st choice ______ 2nd choice ______

Double occupancy (two twin beds).  
Double occupancy (one queen bed).  
Single accommodations.  
I am reserving as a single but prefer to share accommodations.

1/We want you to book my/our air, at an additional cost to be advised, from:

(Tell in departure city)

Economy Class  
Upgraded Economy  
Business Class  
First Class  

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<td>$7995</td>
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<td>Two rooms, expansive sliding glass door, large private balcony, two bathrooms with showers, two closets, large sitting area with sofa. Deck 5. (limited availability)</td>
<td>$7995</td>
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<td>$9895</td>
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Double occupancy (two twin beds).  
Double occupancy (one queen bed).  
Single accommodations.  
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Finland’s capital city of Helsinki showcases elegant Jugendstil architecture along its picturesque harbor.

RELEASE OF LIABILITY, ASSUMPTION OF RISK AND BINDING ARBITRATION AGREEMENT

RESPONSIBILITY: Gohagan & Company, CAA, the sponsoring association/ organization, their officers, directors, trustees, successors, and assigns (collectively “Gohagan”), do not own or operate any entity which is to or does provide goods or services for your travel. For example, lodging facilities, airline, vessel, or other transportation companies, guides or guide services, local ground operators, providers of any optional excursion or any other services not specifically mentioned in the “Included Features” section, insurance providers, etc. All such persons and entities are independent contractors. As a result, Gohagan is not liable for any negligent or willful act or failure to act of any such person or entity or of any other third party.

In addition and without limitation, Gohagan is not responsible for any injury, loss, death, inconvenience, delay or damage to persons or property in connection with the provision of any goods or services whether resulting from, but not limited to, acts of God or force majeure, acts of government, acts of war or civil unrest, insurrection or revolt, fires from or attacks by animals, insects or pests, strikes or other labor activity, criminal or terrorist activities of any kind or the threat thereof, sickness, illness, epidemics, or pandemics or any governmental or public health requirements or the quality thereof, overbooking or downgrading of accommodations, mechanical or other failure of airplanes, vessels, or other means of transportation, or for any failure of any transportation mechanism to arrive or depart timely or safely.

If due to weather, flight schedules or other uncontrollable factors, you are required to make alternative travel arrangements, you shall be responsible for the costs of such travel arrangements and shall not be entitled to any refund of the cost of the trip. Gohagan determines to detract from the enjoyment of the trip by others.

Gohagan judges to be incapable of meeting the rigors and requirements of participating in the activities, or who is able to otherwise to trip participants, leaders or third parties, or who Gohagan determines to detract from the enjoyment of the trip by others.

If due to weather, flight schedules or other uncontrollable factors, you are required to make alternative travel arrangements, you shall be responsible for the costs of such travel arrangements and shall not be entitled to any refund of the cost of the trip.

Gohagan reserves the right to change the itinerary or trip features at any time before or during the trip. The final decision rests with Gohagan, however, if necessary, to ensure the safety of the participants. Gohagan reserves the right to change the itinerary or trip features at any time before or during the trip. The final decision rests with Gohagan, however, if necessary, to ensure the safety of the participants.

Specific room/cabin assignments are within the sole discretion of the hotel or cruise line. The participant and Gohagan are waiving the right to a trial by jury.

LUGGAGE: Luggage allowance policies are set by the airlines and may change without notice.

PHYSICAL REQUIREMENTS: To enjoy your Cal Discoveries Travel experience, participants must be in good physical health, and be able to keep up with the pace of the group. Program participants requiring assistance must be accompanied by someone who can and will provide all required assistance. To help you choose the trip best suited for you, we describe this trip as moderately active. Fast pace, substantial distances covered, extensive walking and stair climbing.

DISCOUNTED RESERVATIONS: Discounts apply only to those reservations received prior to the completion of the December 31st in writing. The completion of the December 31st in writing.

CANCELLATIONS: 60 through 94 days prior to departure, 50% of the published full regular tariffs; 30 through 59 days prior to departure, a no-show, or early return from the trip will result in forfeiture of 100% of the published full regular tariffs. In addition, any applicable airline cancellation fees, optional excursion cancellation fees and administrative fees may apply.

TRIP INSURANCE: We strongly recommend that you purchase trip cancellation insurance. In the event that you must cancel your participation in a travel program, trip cancellation insurance may be the only source of reimbursement. Travel insurance information is provided via email by the Cal Discoveries Travel office upon confirmation of your reservation. To research insurance options on your own please visit: travelinsurance.com/calalumni.

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