Discover Egypt and the Nile Valley

An epic journey through antiquity highlighted by stays at luxury hotels and aboard a stately dahabiya

OCT. 20 - NOV. 2, 2022
Accompanied by Guenet Sebsibe M.D., M.P.H.

100% REFUND GUARANTEE
See reservation panel for details.
Dear Alumni and Friends of Cal,

Wander the fabled land of pharaohs and kings—where colossal pyramids, legendary tombs and towering temples cascade across the terrain. The mighty Nile River welcomes you for an unhurried journey that reveals seemingly limitless vistas of infinite deserts contrasted by metropolitan cities. From biblical times through to modern day, Egypt has been the site of monumental historical events, staggering technological achievements and compelling human stories.

During this 14-day expedition, traverse the Nile Valley like past explorers and discover ancient treasures including the Great Sphinx, the Temple of Horus and the tombs of El Kab. Accompanied by expert Egyptologists, you’ll gain in-depth knowledge of Egypt and its antiquities. In the evenings, relax in some of the area’s most opulent hotels.

This program also features an exclusive four-night cruise on the Nile River aboard a private dahabiya. This deluxe, 14-guest sailing vessel offers the opportunity to see life on the Nile from a different perspective. As an additional benefit, this unique vessel ports on differing days than larger cruise ships, providing guests a less crowded, more intimate experience while viewing the ancient sites.

Go Bears!
Cal Discoveries Travel Team
For further information:
510.900.8222 | caldiscoveries@alumni.berkeley.edu | alumni.berkeley.edu/travel
Like us on Facebook at facebook.com/caldiscoveriestravel
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Expand your horizons.
A time-honored tradition since 1969, Cal Discoveries Travel creates learning opportunities for thoughtful travelers. Join great minds on our world-class journeys.

Activity Level 3: 🌟🌟🌟🌟🌟
What to expect: These trips feature long touring days with travel via motor coach, ship, zodiac, all-terrain vehicle, or train. Travelers are required to board transportation without assistance as well as stand and walk over uneven terrain for extended periods of time. Some tours may include optional higher-intensity activities and travel at higher altitudes with steep ascents and descents. Outings last four to six hours hours most days.

Suitable for: Travelers who are able to comfortably walk four to six miles, or 6,900–9,200 steps, each day.

As we embark on this new world of group travel, the health and well-being of our guests, our team, and the communities we visit remain our top priority. For a detailed listing of the enhanced safety measures and hygiene protocols specific to our tours, please visit orbridge.com/wellness.

Orbridge takes seriously the responsibility to minimize our global environmental impact. Each year we plant 100,000 trees in U.S. State Forests with afforestation needs as an on-going initiative among our evolving sustainability efforts. Learn more at orbridge.com/going-green.
Uncover

• Enjoy two full days exploring Cairo, visiting the Great Pyramid and the Sphinx, the Egyptian Museum of Antiquities, and Khan El-Khalili bazaar.

• In Luxor, view the Karnak Temple Complex—one of the largest religious buildings in the world, which includes contributions from approximately thirty pharaohs over thousands of years.

• Travel beside the Nile to Abydos to marvel at the colorful carvings in the Temple of Seti I and view the Abydos King List, which was instrumental to understanding Ancient Egyptian history.

• On the west bank of Luxor, visit the Valley of the Kings and Nobles, the Mortuary Temple of Hatshepsut, and Colossi of Memnon.

• During an optional excursion (additional fee), view the temples of Abu Simbel carved into a massive rock cliff, which were relocated and perfectly reconstructed after building the High Dam in the early 1960s.

Sail

• Embark in Esna aboard a private dahabiya—a traditional Egyptian sailing vessel—for four nights on the Nile River.

• Sail to Elephantine Island, the only ongoing excavation site open to tourists, to view its sacred temples and traditional Nubian villages.

What’s Included

• 8 nights luxury hotel accommodations plus 4 nights aboard a stately dahabiya

• 12 breakfasts, 10 lunches, and 8 dinners

• All excursions listed on the 14-day itinerary, including admission to sites and venues

• Excursion transportation

• Internal airfare from Cairo to Luxor and Aswan to Cairo

• Gratuities to hotels, drivers, dahabiya staff, porters, and guides

• Group airport transfers for guests arriving and departing during the suggested times

Activity Level: Activities are generally not very strenuous, however, we expect that guests can enjoy two hours or more of walking, are sure-footed on uneven surfaces, and can walk up and down stairs without assistance.

Your 14-Day Itinerary (subject to change)

Day 1: En Route from U.S.

Day 2: Arrive in Cairo, Egypt
Evening at leisure
Overnight: Marriott Mena House

Day 3: Cairo / Memphis / Giza (B,L,D)
Memphis, Great Pyramid, Great Sphinx, welcome dinner
Overnight: Marriott Mena House

Day 4: Cairo (B,L)
Egyptian Museum of Antiquities, Mosque of Sultan Hassan, Old Cairo, Coptic Churches, Khan El-Khalili bazaar
Overnight: Marriott Mena House

Day 5: Cairo / Flight to Luxor (B,L,D)
Karnak Temple Complex, Luxor Temple
Overnight: Sofitel Winter Palace Luxor

Day 6: Luxor / Abydos / Luxor (B,L)
Abydos Temples, Abydos King List
Overnight: Sofitel Winter Palace Luxor

Day 7: Luxor / Esna – Embarkation (B,L,D)
Valley of the Kings, Temple of Hatshepsut
Overnight: Dahabiya

Day 8: Nile River / El Kab / Edfu (B,L,D)
El Kab tombs, Temple of Horus
Overnight: Dahabiya

Day 9: Edfu / Nile / Kom Ombo (B,L,D)
Gebel el-Silsila, special island barbecue dinner
Overnight: Dahabiya

Day 10: Kom Ombo / Nile / Aswan (B,L,D)
Temple of Kom Ombo, gala dinner
Overnight: Dahabiya

Day 11: Aswan – Disembarkation (B,L)
High Dam, Philae Temple, evening market tour
Overnight: Sofitel Legend Cataract

Day 12: Aswan (B,D)
Elephantine Island, afternoon at leisure
Overnight: Sofitel Legend Cataract

Day 13: Aswan / Optional Abu Simbel Excursion / Flight to Cairo (B,L,D)
Abu Simbel excursion (additional fee) or leisure time, flight to Cairo
Overnight: Le Méridien Cairo Airport

Day 14: Cairo / Depart for U.S. (B)
Hotel Accommodations (subject to change)

MARRIOTT MENA HOUSE – CAIRO
While touring bustling Cairo, spend leisure time and evenings amidst the luxurious and modern comforts of Marriott Mena House, located just 45 minutes outside of the city. Originally built as a hunting lodge in 1869, Mena House served as a private residence until 1886, when it was opened to the public as a hotel. It has hosted a variety of visitors, including Sir Arthur Conan Doyle, Winston Churchill, Frank Sinatra, and Charlie Chaplin.

Guest rooms offer glorious panoramic views of the pyramids. The property features 40 acres of lavish gardens, four restaurants and lounges, outdoor pool, heated indoor pool, health club, and full-service spa (additional fees for services).

SOFITEL WINTER PALACE LUXOR
Perched peacefully on the bank of the Nile River, Winter Palace’s 5-star accommodations provide an alluring atmosphere for a regal respite. During leisure time, roam the manicured gardens, take a dip in the welcoming pool, or simply reflect on your time in Egypt while embracing the spectacular sights from your room.

SOFITEL LEGEND CATARACT – ASWAN
Step back to the time of the pharaohs, surrounded by grandeur and opulence of this 5-star property—with the sights of the Nubian Desert and Elephantine Island at your fingertips. Walk the ravishing grounds, and feel a part of royalty that once frequented the hotel—where King Fouad once entertained Agatha Christie.

LE MÉRIDIEN CAIRO AIRPORT
For your final evening in Egypt, enjoy the stylish accommodations of Le Méridien. This fully soundproofed luxury hotel is conveniently linked to Terminal 3 of Cairo International Airport by a pedestrian bridge.

The property features an impressive sports bar, three restaurants serving Chinese, Lebanese or Mediterranean cuisine, a fitness center, and a heated outdoor pool.
Onboard Accommodations

With a capacity of just 14 guests per boat, our 155-foot dahabiyaas are designed to provide the ultimate in comfort and adventure while sailing the Nile River. Each stateroom provides spacious, fully air-conditioned accommodations with en suite facilities.

Guests can savor healthy, fresh, and delicious international and Egyptian cuisine at every meal. Enjoy the large sun deck, dining and lounge areas, and the services of an enthusiastic crew who are committed to your comfort.

STATEROOM CATEGORIES

**Standard:** Features one queen or two twin beds, view window, and private en suite bathroom. Approx. 205 sq.ft.

**Suite:** Features one queen bed, private balcony, view windows, and private en suite bathroom. Approx. 250 sq.ft.
What’s Included

- 3 nights luxury hotel accommodations
- 3 breakfasts and 2 lunches
- Touring by an English-speaking guide
- Admission to all sites listed in the 5-day itinerary
- Guided Alexandria city tour including the Roman Amphitheatre
- All gratuities and porterage
- Airport transfers for guests arriving during the suggested times

Pre-Tour Itinerary (subject to change)

Day +1: En Route from U.S.

Day +2: Arrive in Cairo, Egypt
- Evening at leisure
- Overnight: Marriott Mena House

Day +3: Cairo / Alexandria (B,L)
- Guided touring: Roman Amphitheatre, famous Catacombs, Citadel of Qaitbay, leisure time
- Overnight: Steigenberger Cecil Hotel

Day +4: Alexandria (B,L)
- National Museum of Egyptian Civilization, Bibliotheca Alexandrina, evening at leisure
- Overnight: Steigenberger Cecil Hotel

Day +5: Alexandria / Cairo / Main Program Begins (B)
- After breakfast, return to Cairo to join guests on the main program

Just a 3-hour drive from Cairo rests the Mediterranean oasis of Alexandria. Founded by Alexander the Great in 331 BCE, the city was once a major intellectual center of the Greek and Roman empires, and home to the rulers of the Ptolemaic dynasty—including Cleopatra. Explore the mythic vestiges of the ancient city, and enjoy leisure time to experience the modern charms along the Corniche, Alexandria’s waterfront promenade.
What’s Included

- 5 nights luxury accommodations plus a day room on departure day
- 5 breakfasts, 6 lunches, and 5 dinners
- Admission to all sites listed in the 6-day itinerary
- Touring by an English-speaking guide
- All gratuities and porterage
- Internal airfare from Cairo to Amman
- Airport transfers for guests departing during the suggested times

Post-Tour Itinerary (subject to change)

Day 14: Cairo / Flight to Amman (L,D)
  Guided city tour
  Overnight: InterContinental Jordan Hotel

Day 15: Amman / Jerash / Ajloun / Amman (B,L,D)
  Roman city ruins, 12th-century castle
  Overnight: InterContinental Jordan Hotel

Day 16: Amman / Madaba / Mount Nebo / Petra (B,L,D)
  Orthodox Church of Saint George, Byzantine mosaics, Memorial Church of Moses, Jordan Valley
  Overnight: Mövenpick Resort Petra

Day 17: Petra (B,L,D)
  Guided city tour
  Overnight: Mövenpick Resort Petra

Day 18: Petra / Little Petra / Dana / Dead Sea (B,L,D)
  Nabatean frescoes, stone village, biosphere reserve, Dead Sea leisure time
  Overnight: Mövenpick Dead Sea

Day 19: Dead Sea / Amman (B,L)
  Leisure time, late evening group transfer to Amman’s Queen Alia International Airport for tomorrow’s early morning flights home
  Day Room: Mövenpick Dead Sea

Day 20: Depart for U.S.

Step back in time to the ancient world of the Middle East, where overwhelming historic architecture towers over the present day. Embrace the endless layers of spiritual and religious icons dotting this Holy Land, culminating with a once-in-a-lifetime visit to the Dead Sea.
Discover Egypt & the Nile Valley

OCTOBER 20 - NOVEMBER 2, 2022
Alexandria Pre-Tour: October 17-21, 2022
Jordan Post-Tour: November 2-8, 2022

Reserve by Credit Card:
To reserve your place, please visit alumni.berkeley.edu/egyptnilevalley or contact us at caldiscoveries@alumni.berkeley.edu or 510.990.8222.

Reserve by Check:
Made payable to Orbridge, LLC
Mail to: Cal Discoveries Travel, Cal Alumni Association
1 Alumni House, Berkeley, CA 94720-7520

To research travel insurance visit travelinsure.com/calalumni.

GUEST INFORMATION:
I prefer single accommodations (limited availability).

Guest #1 Name (Title/Salutation): _____________________________
Name (as preferred on badge): _______________________________
Email: ____________________________________________________
Primary Phone: ___________________________________________
Address: __________________________________________________________________________________
City: __________________________________________ State: __________ Zip: __________

DEPOSIT PAYMENT:
[ ] Check [ ] ACH (Automated Clearing House) [ ] MasterCard/Visa [ ] American Express
Card #: ___________________________________ Exp. Date: ___________ CVV: ________

Billing Address (if different from above): ____________________________________________________________
City: __________________________________________ State: __________ Zip: __________

CATEGORY SELECTION & DEPOSIT:
Category Preference: 1st choice __________________________________________ 2nd choice __________________

# _________ guests joining pre-tour ($500/person) +
# _________ guests joining program ($850/person) +
# _________ guests joining post-tour ($500/person) = TOTAL DEPOSIT: $________

ABU SIMBEL OPTIONAL EXCURSION (added to your final invoice):
# _________ guests joining optional excursion ($595/person)

I/we have read, understand, and agree to the full Terms & Conditions at terms.orbridge.com and the COVID-19 Acknowledgement at orbridge.com/wellness; and I/we agree that Orbridge, LLC is authorized to charge my credit card above and/or take my/our deposit for this program.

Date: ________________________________

Signature: ________________________________

Reservations, Deposits and Final Payment. To secure your reservation, deposits are due upon placing a reservation as follows: $850 per person per program and $500 per person for any pre-tour and/or post-tour. Deposits are payable by check, ACH, wire transfer or major credit card. Final payment, including any pre-tour and/or post-tour, optional excursion(s) fees and optional electives, is payable by check, ACH, wire transfer or major credit card, and is due no later than 90 days prior to the program’s scheduled departure date. If your reservation is made between the final payment due date and the program’s scheduled departure date, the full cost of the program, plus any pre-tour and/or post-tour, optional excursion(s) fees and optional electives, is due at the time of registration, payable by check, ACH, wire transfer or major credit card. If final payment is not received by Orbridge by the final payment due date, Orbridge may, at any time and with or without notice, cancel your reservation in its sole discretion with no right of refund. CST#2098730-40 WST#602828994

Reservation Cancellations and Refunds. All cancellations must be submitted to Orbridge and Cal Discoveries in writing. If the cancellation notice is received by Orbridge: (a) more than 90 calendar days prior to the program’s scheduled departure date, all monies paid to Orbridge for the main program and for any pre-tour and/or post-tour will be refunded in full; (b) between 90 and 60 days prior to the scheduled departure date, a 25% cancellation fee will be applied to the full cost of the program, including any pre-tour and/or post-tour, and the balance will be refunded; (c) between 59 and 30 days prior to the scheduled departure date, a 50% cancellation fee will be applied to the full cost of the program, including any pre-tour and/or post-tour, and the balance will be refunded; (d) within 29 days prior to the scheduled departure date, a 100% cancellation fee will be applied to the full cost of the program, including any pre-tour and/or post-tour. In addition to and not in lieu of the foregoing, a Cancellation Fee equal to 100% of the carrier charge applies to all non-refundable airfares due to your cancellation made at any time prior to the scheduled program departure date, as applicable. Refunds, if any, will be processed within 30 calendar days of our receipt of your written notice.

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Accompanied by Guenet Sebsibe, M.D., M.P.H.

Guenet Sebsibe, M.D., M.P.H., born & raised in Ethiopia, is also an alumni (1994) of UC Berkeley-School of Public Health. She currently works with Alameda County Public Health Dept. Guenet's professional experience includes working with @ UC Berkeley-School of Public Health, the City of Berkeley Public Health Clinic, Blue Shield of California & Alameda Alliance for Health and many other local community-based and international organizations in research and health program development projects. Prior to attending UC Berkeley for her M.P.H., Guenet, got her clinical degree and practiced clinical medicine in Ethiopia until 1989 when she came to the US and started working in ophthalmological research in New York City.

Cal lecturer's participation cannot be guaranteed and is contingent on a minimum number of paying travelers.