TREASURES OF THE IBERIAN NORTHWEST

Accompanied by Professor Alex Saragoza

APRIL 15 – 25, 2020
“We really enjoy the educational aspect of every trip. The lectures help bring the places we visit into perspective.”

Joseph and Martha J.
TOUR HIGHLIGHTS

Enjoy a wonderful overview of the best wine regions of northern Portugal and Galicia. Learn about the bold wines of Luis Pato in the Bairrada; the wines from Ribeira Sacra, home to the world’s steepest vineyards; and the fine wines of Portugal’s port producers. Experience the joy of small villages where the grapes grown are unrecognizable to outsiders and produce wines of huge character, quality, and individuality.

Learn from Professor Alex Saragoza, and discover the rich history of grape-growing, which has influenced the culture of the region we know today.

Expand your knowledge of the Iberian Northwest in the company of fellow Cal Discoveries travelers, many of whom have accompanied Alex Saragoza on previous culinary adventures. This is an experience not to be missed!

EXPAND YOUR HORIZONS.

A time-honored tradition since 1969, Cal Discoveries Travel creates learning opportunities for thoughtful travelers. Join great minds on our world-class journeys.
Day 1 | April 15
IN TRANSIT
Depart from your gateway city and arrive in Santiago de Compostela on Day 2.

Day 2 | April 16
GALICIA, SPAIN
Meet in the foyer of the Hotel San Francisco, a converted 18th-century convent in Santiago de Compostela, for a guided walk through the historic old town, including a visit to the cathedral that marks the end of the legendary camino. After time to freshen up, enjoy a tapas dinner at the excellent Petiscos do Cardeal in the old town. (D)

Day 3 | April 17
GALICIA, SPAIN
This morning, hear your first lecture from Alex Saragoza and then head south to the seaside wine region of Rias Baixas. First, stop at the beautiful Pazo de Señorans, an excellent albariño producer in the same location where the King of Portugal went into hiding on his way to exile 100 years ago. Taste the wines of the property before heading to the coast for an afternoon visit and lunch at Albamar, where you can experience Xurxo Alba’s unique wines produced from the albariño grape. Delight in a seafood lunch cooked by the family for a wonderful taste of authentic Galicia. After lunch, return to Santiago, where the evening is free for you to explore. (B, L)

Day 4 | April 18
GALICIA, SPAIN
Visit the scenic wine region of Ribeira Sacra, home to spectacular monasteries and some of the world’s steepest vineyards. Eat lunch at Adega Algueira, a high-class winery near the Sil canyons, where Fernando Gonzalez makes a range of excellent reds and whites. Fernando and his wife, Ana, will be dining with us and sharing some special wines to mark the occasion. Marvel at the astonishing landscape over lunch at Algueira and on an afternoon river cruise down the Sil, which gives the best vantage point for the nearly vertical vineyards. After the cruise, stop at the spectacular parador in Baiona, built into the fortress overlooking the place where the first ships returning from the Americas made landfall. This evening, have dinner overlooking the Bay of Vigo. (B, L, D)

Day 5 | April 19
BRAGA, PORTUGAL
Check out of your hotel and cross the border to Portugal. Start with a visit to Braga, historically known as Portugal’s religious center. View the dramatic Bom Jesus monastery, its famous Baroque stairway, and the stunning view from the hilltop where it is situated. Then, move into the center of town and meet a local guide for a tour of the old town, which includes a visit to the 11th-century cathedral. Enjoy a tapas-style lunch at a delightful wine bar in the city, Delicatum, which serves modern-style Portuguese cuisine. Then, head further inland to the Douro wine region and check in to your hotel, the luxurious Vintage House, which overlooks the Douro river at Pinhao. Tonight, eat dinner in a stunning setting on the river at DOC, the best restaurant in the region. Enjoy a tasting menu from chef Rui Paula with some excellent wines from the region, including your first taste of port. (B, L, D)

Day 6 | April 20
DOURO, PORTUGAL
Start your day with a lively lecture and then visit Noval. A port producer since 1715, Quinta do Noval is the only historic port shipper to take its name from its base in the Douro, and is more rooted in its terroir than any of its local rivals. Then, follow the river to the spectacular Quinta do Crasto. Perfectly situated on a hill overlooking the Douro, Quinta do Crasto is one of the greatest wine locations in the world. Enjoy a visit, port cocktails on the lawn, and an extended lunch in the quinta before boarding a rabelo (a traditional port boat for transporting barrels) to take you for a tour along the Douro. Relax and enjoy one of the world’s most spectacular wine landscapes. The evening is free for you to explore or relax. (B, L)
Day 7 | April 21
REGUA, PORTUGAL
Start the day with another informative lecture and then check out of your hotel. Participate in a cooking class at the Quinta da Pacheca estate near Regua. The class culminates in a convivial lunch close to the port barrels, a suitable farewell to the Douro region. After lunch, drive to the coast to the stunning city of Porto, where you check in to the lovely NH Batalha Hotel overlooking the Historic Centre of Porto, a UNESCO World Heritage Site. The evening is free. (B, L)

Day 8 | April 22
PORTO, PORTUGAL
After breakfast, take a short walk to one of Porto’s best-kept secrets. Feitoria (The Factory House) is a unique part of Porto’s story, a gentleman’s club for British port shippers handed over in perpetuity to the British Consulate in the early 19th century. Enjoy a tour of the property followed by a glass of port in front of the Queen’s portrait. Then enjoy a tapas-style lunch at the Wine Box. The afternoon is free to explore the city, shop, or rest. Dinner is at Grahams Port Lodge for a visit and special tasting in the Directors Room, followed by dinner in the Vinum restaurant, all overlooking the Douro from the terrace. (B, L, D)

Day 9 | April 23
TOMAR, PORTUGAL
Leave Porto after breakfast and head to Luis Pato Winery in the Bairrada wine region for a visit and tasting. Lunch is accompanied by regional wines and is completed with the signature local dish of leitao, suckling pig. After lunch, stop at Tomar to visit the Convento do Cristo. The convent is the centerpiece of this Knights Templar town and features a fascinating series of chapels, cloisters, and hidden passages. Lisbon, Portugal’s capital, is the natural place to end our journey. The city is wonderfully positioned, roaming across seven hills and overlooking the Tagus. Check in to the majestic and stylish Pestana Palace, which overlooks Portugal’s Golden Gate Bridge, and spend the evening at leisure. (B, L)

Day 10 | April 24
LISBON, PORTUGAL
After breakfast, enjoy your final lecture, followed by a short walking tour of the heart of Lisbon. Take in some of the central landmarks in the Avenida da Liberdade, the Praca do Comercio square, and sample the region’s famed custard tarts and fine ham. Start your evening with a short fado performance before dinner. Your farewell dinner is at culinary star Jose Avillez’s informal restaurant, Bairro do Avillez, which partners with his two-Michelin star restaurant, Belcanto. Enjoy the cuisine of Portugal’s best-known chef in a relaxed and convivial atmosphere. Taste classic Portuguese dishes with a modern twist, and toast to a fine end to the trip. (B, D)

Day 11 | April 25
IN TRANSIT
After breakfast, transfer to the Lisbon airport and make your way back home. (B)

Meals included as listed above: B=Breakfast; L=Lunch; D=Dinner.

Please note: Every effort will be made to operate the itinerary as planned, but we may need to change the timing for some of the items in the itinerary.

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What to expect: These trips feature long touring days with travel via motor coach, ship, zodiac, all-terrain vehicle, or train. Travelers are required to board transportation without assistance as well as stand and walk over uneven terrain for extended periods of time. Some tours may include optional higher-intensity activities and travel at higher altitudes with steep ascents and descents. Outings last four to six hours most days.

Suitable for: Travelers who are able to comfortably walk four to six miles, or 6,900–9,200 steps, each day.

For more information on physical requirements, please visit alumni.berkeley.edu/activityrating.
Why Eureka?

eu·re·ka: a cry of joy or satisfaction when one finds or discovers something.

Experience trips built with you in mind — handcrafted itineraries created by UC Berkeley travel experts.

ABOUT THE PROFESSOR
Alex Saragoza has a Ph.D. in Latin American history and has served as Chair of the Center for Latin American Studies at UC Berkeley. Five years ago, he initiated a course at UC Berkeley on the California wine industry from an international perspective, including the impacts of wines on the global wine market and the implications for California wine producers. He received the Excellence in Teaching and Learning Award from the Osher Lifelong Learning Institute of UC Berkeley in 2017, and he was selected in 2018 for the Distinguished Lecturer Program of the Organization of American Historians. In 2017, he was the academic lecturer for the wine and food tour of northern Spain for Cal Discoveries Travel, for which he received very high marks from the tour participants. In 2012, he was a visiting professor at the University of Paris, Sorbonne Nouvelle. He is a professor emeritus in the Department of Ethnic Studies at UC Berkeley.

Cal lecturer’s participation cannot be guaranteed and is contingent on a minimum number of paying travelers.

ABOUT THE ACCOMMODATIONS
Each hotel has been thoughtfully chosen for its ambiance, location, and first-class service to give you the best travel experience possible. We will stay at Hotel San Francisco, Vintage House, NH Batalha Hotel, and Pestana Palace.

PRICE PER PERSON
$5,495
Based on double occupancy

Cal Discoveries Travel | Cal Alumni Association
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alumni.berkeley.edu/caldiscoveries
510.900.8222 | 888.225.2586
California Seller of Travel (CST) #: 2090031-50
Treasures of the Iberian Northwest
April 15 – 25, 2020

Price per person: $5,495 based on double occupancy

Please enter the names of each traveler exactly as they appear on your passport:

1. Name
   Email
   Cal Class Year
   Date of Birth
   Address
   City
   State
   Zip
   Primary Phone
   Cell Phone

2. Name
   Email
   Cal Class Year
   Date of Birth
   Address
   City
   State
   Zip
   Primary Phone
   Cell Phone

Name for Name Badge
1. Name
2. Name

Do you have a Cal Alumni Association membership? Yes/No
If Yes, what is the member number?

Primary Phone: ___________________________ Ext.:

Cell Phone: ___________________________

I request a standard single room and will pay the $1,495 supplement.

I/we request a one-bedded room.
I/we request a two-bedded room (room types subject to availability).

Enclosed is my/our non-refundable deposit of $___________ ($600 per person) for __________ person/people on the above tour.

Make check payable to Cal Alumni Association (CAA), or charge my deposit to:

AMEX
Discover
MasterCard
VISA

Card # ___________________________ Exp. Date _____________ Sec. Code ___________

I request a one-bedded room.
I request a two-bedded room (room types subject to availability).

Please enter the names of each traveler exactly as they appear on your passport:

1. Name
2. Name

Address
City
State
Zip

Primary Phone
Cell Phone

The payment of the deposit, OR any partial payment for a reservation on a program, constitutes consent by all guests covered by that payment to all provisions of the cancellation policy listed herein. Since no exceptions can be made, Cal Discoveries Travel strongly recommends the purchase of travel insurance. Please visit travelinsurance.com/calalumni.

Send to: Cal Discoveries Travel, Cal Alumni Association, 1 Alumni House, Berkeley, CA 94720-7520

Terms & Conditions

Price per person: $5,495 per person; $1,495 single supplement.

Final payment: Reservations are to be paid in full by January 16, 2020 (90 days prior to departure). Final payment may be made by personal check, MasterCard, Visa, Discover, or American Express. Checks may be made payable to the Cal Alumni Association. Late payments will be subject to a $100 per person late fee and/or subject to cancellation.

Cancellations and refunds: All cancellations must be submitted in writing to be valid. Every cancellation, regardless of the reason, will be subject to a $250 per person cancellation fee, if requested in writing 121 days or more prior to departure. Cancellations made 90–120 days prior to departure will be subject to a $500 per person cancellation fee. Cancellations made 90–31 days prior to departure will be subject to a $600 per person cancellation fee. Cancellations made 30 days or more prior to departure will be subject to a $1,000 per person cancellation fee. No refunds are granted within 30 days of tour departure or for no-show or early departure from a trip already in progress.

Mobility and fitness to travel: This is a trip has a Level 3 activity rating. What to expect: These trips feature long touring days with travel via motor coach, ship, zodiac, all-terrain vehicle, or train. Travelers are required to board transportation without assistance as well as stand and walk over uneven terrain for extended periods of time. Some tours may include optional higher-intensity activities and travel at higher altitudes with steep ascents and descents. Outings last four to six hours most days. Suitable for: Travelers who are able to comfortably walk four to six miles, or 6,900–9,200 steps, each day.

Caa membership policy: One traveler per room, whether an alumni or friend, must be a current Cal Alumni Association member at the time of departure to participate in Cal Discoveries Travel offerings. Payment of $60 for seniors 65 years and over and $75 for others establishes a regular or affiliate membership with all other association benefits. Memberships are for individuals only, and are nonrefundable and non-transferable. A traveling pair and their children under 21 years of age may travel on one membership. Please make dues payable to CAA by separate check, or provide a Visa, MasterCard, or American Express number with expiration date for payment. You can also enroll online at alumni.berkeley.edu/join.

Cost includes: Nine nights accommodation; daily breakfast, seven lunches, and five dinners; airport transfer if arriving/departing during recommended windows; transportation via private, luxury bus; all visits and tastings as indicated on the itinerary; English-speaking tour director; gratuities for tour director, local guides, drivers, and service at included restaurants; services of on-site program director and lecturer (cannot be guaranteed).

Cost does not include: International airfare; costs of passports and visas (if needed); meals and beverages other than those specified; optional tipping or gratuities; travel insurance; and other expenses of a personal nature (liquor, laundry, etc.).

The Cal Alumni Association (CAA) is a self-funded non-profit organization that relies on donations to provide programs and services that support students, alumni, and the university. To make a gift, please visit alumni.berkeley.edu/give. Thank you for choosing CAA as the recipient of your generosity. California Seller of Travel #: 2090031-90.