A World of Discovery

Join us for an unforgettable Scandinavian tale filled with adventures in cosmopolitan cities and fjord-laced landscapes that will take your breath away. Explore compact Copenhagen, Oslo and Bergen and feel their cozy, optimistic ambience!

What sets this travel adventure apart from others is AHI’s unwavering commitment to connecting you to the world’s people, places and cultures. By weaving together discovery, education and authentic local experiences, we deliver new insights and fresh perspectives to enrich your life.

The incomparable value of our journeys is rooted in the personalized care you receive from AHI’s Travel Directors. These outstanding professionals create a welcoming atmosphere and handle every last detail so you can focus on the wonder of the world before you. We also partner with the most knowledgeable guides and lecturers, whose regional expertise shines.

We invite you to turn the page on a remarkable new chapter with this AHI Journey for the curious traveler!

Above: Aurlandsfjord | Cover photo: Flåm, Norway

> Discover Scandinavia’s cosmopolitan capitals, Copenhagen and Oslo.
> Glide past architectural treasures on the pretty canals of Copenhagen.
> Marvel at Norway’s incomparable natural beauty while riding the Flåm Railway and cruising along the Aurlandsfjord.
> Witness waterfalls and alpine vistas from your carriage on the Bergen Railway.
> Wake up to an unrivaled view of the lush, forest-lined Oslofjord after an overnight ferry trip.
> Explore beguiling Bergen and its historic wharf, Bryggen, a UNESCO World Heritage site.
Dear Alumni and Friends of Cal,

Join us for a spectacular journey into the best of Denmark and Norway — an adventure brimming with historic treasures and astounding natural beauty. Your explorations begin in Copenhagen, the colorful city that inspired children’s fairy-tale author, Hans Christian Andersen. Glide along its pretty canals and stroll through its Old Town lanes, where cherished sites are revealed at each twist and turn.

An overnight ferry ride brings you to Oslo, where you’ll witness once-in-a-lifetime views of the magnificent Oslofjord and delight in Norwegian culture on engaging excursions. Then revel in stirring panoramas of snowcapped mountains, glacier-carved fjords, wild waterfalls and verdant countryside on journeys aboard the renowned Bergen and Flåm railways and on a cruise along the Aurlandsfjord, a branch of the famous Sognefjord.

This unique experience features insightful lectures, a professional Travel Director, expert guides, leisure time for personal discovery and the camaraderie that only comes with small-group travel. Space on this perennial favorite always fills quickly, so book your Scandinavian adventure today to guarantee your spot!

Go Bears!
Cal Discoveries Travel
510.900.8222 | caldiscoveries@alumni.berkeley.edu | alumni.berkeley.edu/travel

Like us on Facebook at facebook.com/caldiscoveriestravel
Follow us on Instagram @caldiscoveries

Expand your horizons.
A time-honored tradition since 1969, Cal Discoveries Travel creates learning opportunities for thoughtful travelers. Join great minds on our world-class journeys.

Activity Level 3 | 🏒️ 🏒️ 🏒️ 🏒️ 🏒️

What to expect: These trips feature long touring days with travel via motor coach, ship, zodiac, all-terrain vehicle, or train. Travelers are required to board transportation without assistance as well as stand and walk over uneven terrain for extended periods of time. Some tours may include optional higher-intensity activities and travel at higher altitudes with steep ascents and descents. Outings last 4–6 hours most days.

Suitable for: Travelers who are able to comfortably walk four to six miles, or 6,900–9,200 steps, each day.

CAA is a self-funded non-profit organization that relies on donations to provide programs and services that support students, alumni, and the University. To make a gift, please visit alumni.berkeley.edu/give. Thank you for choosing CAA as the recipient of your generosity.
Day 1 | In Transit
Depart gateway city for Copenhagen, Denmark.

Day 2 | Copenhagen, Denmark
Arrive and transfer to the Radisson Collection Royal Hotel, Copenhagen.

Free Time: Head off to explore on your own. Perhaps browse in the Strøget pedestrian-only shopping area or pop into the Torvehallerne market for an enticing bite to eat. This evening, get to know your fellow travelers at a Welcome Reception.

Day 3 | Copenhagen
Enrichment: Scandinavia Today. Delve into current issues in Denmark, Norway and Sweden.

Discovery: Rosenborg Castle. Built by King Christian IV in the early 17th century, this palace contains centuries of royal treasures. Admire the three silver lions that guard the coronation chairs, as well as furnishings and portraits of monarchs from Christian IV to Frederik VII. In the treasury, view the crown jewels, including Christian IV’s diamond-and-pearl-encrusted crown and the gem-studded Anointing Sword. Wander within the castle’s fragrant gardens after your tour.

Gather for lunch at a typical Danish restaurant.

Discovery: The Canals of Copenhagen. Cruise the city’s picturesque waterways as you learn about its history and appreciate the views from this vantage point. Drift past Amalienborg Palace, the royal family’s home; the Little Mermaid statue; the contemporary Opera House; and the Black Diamond library.

Free Time: Spend the afternoon on your own. Maybe you’ll take a short stroll from your hotel to the Tivoli Gardens, a charming amusement park that has delighted visitors since 1843.

Day 4 | Copenhagen
Discovery: Copenhagen, Past and Present. Follow your guide along less explored streets past hidden squares and courtyards, and savor the Old-World ambience. Listen to enchanting tales about the city’s history and famous Danes, including storyteller Hans Christian Andersen.

Free Time: Denmark is known for its clean, modern design. Check out some design shops to see sleek items that are uniquely Danish.

Day 5 | Copenhagen | At Sea
Free Time: Make the most of your last morning

Your Individual Experience
Free time means something different to every traveler. You may like to linger in a cozy café or stay on the go. That’s why we design itineraries that allow you to craft an individual travel experience.

Electives | At an additional cost
Further your experience by immersing yourself in specially designed activities and extensions.

Check out our itinerary for more details. We’ve done the legwork. Now the choice is yours.
in Copenhagen with your own special plans. This afternoon, transfer to the port and board an overnight ferry for Oslo, Norway. Admire the coastal scenery before indulging in an authentic Scandinavian smorgasbord for dinner.

**Day 6 | Oslo, Norway**

This morning, head deckside and be greeted by stunning views of the forest-lined, 62-mile Oslofjord. Many locals come here to camp, fish, kayak and enjoy other outdoor activities.

**Discovery: Oslo.** Explore the country’s 4,000-year history of skiing at Holmenkollen and its Ski Museum. From atop this lofty ski jump used in the 1952 Winter Olympics and other international competitions, take in panoramic views. Then, see the bronze and granite sculptures of famed artist Gustav Vigeland on a stroll in leafy Vigeland Park. After savoring Norwegian cuisine at lunch, check in to the Radisson Blu Scandinavia Hotel, Oslo.

**Free Time:** Craft your own agenda in Oslo.

**Day 7 | Oslo**

**Discovery: Norwegian Art & Seafaring.** One of Norway’s most internationally renowned artists, Edvard Munch was a Modernist master. View thought-provoking pieces like his iconic “The Scream,” and more at the Munch Museum, which possesses the largest collection of his works. Next, learn about the gripping voyages of the great explorer Thor Heyerdahl and see his vessels, the balsa raft Kon-Tiki and the totoara-reed boat Ra II, at the Kon-Tiki Museum.

**Free Time:** The rest of the day is at leisure. Why not continue the maritime theme and stroll along the vibrant Harbour Promenade? From east to west, this 5.5-mile path meanders by the Opera House, restaurants, shops and more!

**Day 8 | Oslo | Bergen**

Depart for Bergen this morning.

**Discovery: Bergen Railway.** Get settled in for a ride on Europe’s highest altitude railway and one
of the most scenic routes in the world. Be awed by marvelous natural beauty as you traverse the Hardangervidda plateau at more than 4,000 feet above sea level. After the tracks climb to Finse, the route’s highest point, the terrain changes as the train edges along majestic fjords, tumbling waterfalls and emerald forests.

Arrive and check in to the Radisson Blu Royal Hotel, Bergen.

**Free Time:** Nestled by a sheltered harbor and surrounded by seven mountains, Norway’s second largest city is said to have “its head in the sky and its feet in the sea.” For terrific views, take a cable car to Ulriken, the highest mountain.

**Day 9 | Bergen**

**Enrichment: The Fjords of Norway.** Learn about the crucial role the beautiful fjords have played in Nordic geological and cultural history.

**Discovery: Bergen.** Settled in 1070, Bergen became the most important town in medieval Norway, home to royalty and a major trading post for Hanseatic League maritime merchants.

Take a guided walk through Bryggen, the wharf connected to this Hanseatic history, and visit the old Hanseatic warehouses. See the 750-year-old King Haakon’s Hall, the Rosenkrantz Tower and the 12th-century St. Mary’s Church. Later, tour Trolldhaugen, the summer home of Bergen-born Edvard Grieg, a revered composer.

**Free Time:** Plan a fun afternoon in Bergen!

**Day 10 | Myrdal | Fjords | Voss | Bergen**

**Discovery: The Best of Norway.** Journey through some of Norway’s most breathtaking landscapes today! After a train ride on the Bergen Railway to Myrdal, board the Flåm Railway for a thrilling ride on one of the world’s steepest train routes. Wind past snow-dusted peaks, where tiny farms cling to precipitous slopes and rivers and waterfalls slice through deep ravines. Spiral through mountainside tunnels to the pristine Aurlandsfjord, which is a branch of the Sognefjord, Norway’s longest fjord. Then cruise the waters of the Aurlandsfjord to Gudvangen before relishing the Voss district’s
scenery, where fabulous vistas of mountains, forests, lakes and waterfalls await you!
Tonight, celebrate your Scandinavian adventure with your fellow travelers at a Farewell Dinner.

Day 11 | In Transit

After breakfast, transfer to the Bergen airport for the return flight to your gateway city.

Note: Itinerary may change due to local conditions.
Flights and transfers included for AHI FlexAir participants.
Excursions on this program require:
- walking on cobblestones, unpaved paths and/or uneven surfaces
- getting on/off motor coaches, boats and/or trains
- walking through train corridors whether the train is in motion or stopped

DFDS Seaways

With miles of coastline and the many islands in the seas surrounding the Nordic countries, it is a given that ferries are a part of the Nordic lifestyle. Travel aboard a first-class DFDS Seaways ferry from Copenhagen to Oslo, a comfortable adventure that gives you a taste of a favorite local mode of travel. The ferry has four restaurants and a café as well as four bars, including one where you can enjoy wine, beer, cognac and whiskey tastings. The ferry’s wellness area features a swimming pool and a spa. There also is a duty-free shop on board.

Tuck into the included smorgasbord featuring Scandinavian specialties and fresh, seasonal dishes — a true highlight of the journey. Later, retire to the comfort of your upgraded Commodore Class cabin and feel pampered with complimentary sparkling wine and snacks.
Our travel experts have carefully selected these first-class properties for their prime locations. They are ideally situated for exploring the acclaimed landmarks of Copenhagen, Oslo and Bergen while providing opportunities to immerse yourself in local life. Of utmost importance is the superior quality of the services, amenities and accommodations, allowing you to enjoy your stay fully.

**RADISSON COLLECTION ROYAL HOTEL, COPENHAGEN | COPENHAGEN**

**RADISSON BLU SCANDINAVIA HOTEL, OSLO | OSLO**

**RADISSON BLU ROYAL HOTEL, BERGEN | BERGEN**

| ELECTIVE |

**PRE-TRIP EXTENSION IN STOCKHOLM**

Delight in Sweden’s captivating capital over a three-night stay at a first-class hotel! Take a guided walk in the Old Town and visit the 13th-century cathedral, Storkyrkan. Enjoy ample free time to connect with the local culture! This extension includes three nights at the Radisson Blu Waterfront Hotel; daily breakfast; the services of an AHI Travel Director and AHI Hospitality desk; guided walk with entrance fees; departure transfer and baggage handling from Stockholm hotel to airport; flight from Stockholm to Copenhagen, Denmark; arrival transfer and baggage handling from Copenhagen airport to hotel; gratuities for guide and drivers; and all taxes and service charges.

**Price: $1,295 per person, double occupancy; $1,670 single occupancy**
Nordic Magnificence ~ Denmark & Norway

For more information and to reserve your place, please visit http://alumni.berkeley.edu/nordicmagnificence.

If you prefer, you may also complete this Reservation Request and submit it to our office. Once this request is received in our office, an AHI Travel Expert will contact you within one business day to discuss deposit payment. Your reservation is not confirmed until your deposit is paid and processed.

Send to Cal Discoveries Travel, 1 Alumni House, Berkeley, CA 94720-7520  
Phone: 510.900.8222  
Email: caldiscoveries@alumni.berkeley.edu

I/we would like to request _______ place(s). Deposit amount is $600 per person.  
I/we would also like to request _______ place(s) on the Stockholm pre-extension.

Full Legal Name (exactly as it appears on passport)

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Email Name you would like on your name badge

Street Address ________________________________

City __________________ State _______ ZIP _______

Primary Phone (______)  Cell (______)  

Sharing with ___________________________ Name (Reservation Request sent separately)

Single Accommodations
☐ I prefer single accommodations at an additional $1,295 (limited availability).
☐ I request assistance in securing a roommate but will accept a single, if one is available at this time, and pay the single supplement. Should a roommate be found, I understand the supplement will no longer apply.

Flights
☐ Yes, I/we are requesting the round-trip AHI FlexAir to Copenhagen, Denmark, with a return from Bergen, Norway, to depart from: ________________________________

I/we are interested in upgrading my/our international flight to the following:
☐ First Class  ☐ Business Class  ☐ Premium Economy
☐ No thanks! I/we will book my/our own air travel and transfers.

Reservations are subject to availability and processed on a first-come, first-served basis. Reservations to be paid in full by May 3, 2022 (75 days prior to departure). Reservations received after this date must be accompanied by payment in full. Final payment may be made by personal check, MasterCard, Visa, Discover or Amex. Make checks payable to AHI Travel.

Please note: Program-specific terms and conditions are available on our website on the trip page. You can also request a copy from our travel experts. Any payment to AHI Travel constitutes your acceptance of the terms and conditions set out therein, including but not limited to the cancellation terms.

One traveler per room, whether an alumni or friend, must be a current Cal Alumni Association member at the time of departure to participate in Cal Discoveries Travel offerings. Payment of $60 for seniors 65 years and over and $75 for others establishes a regular or affiliate membership with all other Association benefits. Memberships are for individuals only, and are non-refundable and non-transferable. A traveling pair and their children under 21 years of age may travel on one membership. Please make dues payable to CAA by separate check, or, if you prefer, provide a Visa, MasterCard, or American Express number with expiration date for payment. You can also enroll online at alumni.berkeley.edu/join.

All prices listed are in USD. Special offers, promotions and discounts cannot be combined.

CST Registration No. 2029271-20  Flx Seller of Travel Reg. No. ST-33300  Ohio Seller of Travel Reg. No. 8889139,  Washington State Seller of Travel Reg. No. 601-620-781. PARTICIPATING AIRLINES-all IATA and ARC Member Carriers

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PROGRAM DATES

Air Program dates: July 17-27, 2022
Land Program dates: July 18-27, 2022

LAND PROGRAM

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<th>Full Price</th>
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*Special Price valid if booked by the date found on the address panel.
VAT is an additional $495 per person.
All prices quoted are in USD, per person, based on double occupancy
and do not include air transportation costs (unless otherwise stated).
Single accommodations are an additional $1,265 (limited availability).

Let us arrange your flights!

COVID AHI FlexAir | Our experts are ready to assist you in booking flights. Our personalized air program offers the following advantages:

➤ price guarantee to protect you from fuel surcharge increases after ticket purchase.
➤ arrival and departure transfers on group dates.
➤ flexibility to change or cancel your reservations without penalty up to 60 days before departure on most flights.
➤ assistance in the event of schedule changes or delays.

Travel stress-free with AHI FlexAir.

TRAVEL WITH CONFIDENCE

For more than half a century, our dedicated team has helped travelers explore the world safely and securely.

To offer you added peace of mind, we’ve fine-tuned all facets of your travel experience:

✔ Included AHI Travel Assurance covers travel- and health-related contingencies. Available for U.S. residents only.
✔ Increased booking flexibility and relaxed cancellation penalties.
✔ Home support staff and ground team communicating 24/7 to ensure a seamless and safe journey.
✔ Travel Directors specially trained to the highest standard in accordance with AHI’s health and safety protocols.
✔ A global network of partners rigorously following new procedures and protocols.
✔ Enhanced sanitization practices for river ships, hotels, trains and motor coaches.
✔ Tour operations modified for smaller groups and greater physical distancing.
✔ Hand sanitizer available for guest use.

510.900.8222    alumni.berkeley.edu/travel
Accommodations (with baggage handling)
- 3 nights in Copenhagen, Denmark, at the first-class Radisson Collection Royal Hotel, Copenhagen.
- 1 night aboard a first-class DFDS Seaways ferry.
- 2 nights in Oslo, Norway, at the first-class Radisson Blu Scandinavia Hotel, Oslo.
- 3 nights in Bergen at the first-class Radisson Blu Royal Hotel, Bergen.

Transfers (with baggage handling)
- All transfers in the Land Program: ferry, trains and deluxe motor coaches.

Extensive Meal Program
- 9 breakfasts, 4 lunches and 2 dinners, including a Farewell Dinner; tea or coffee with all meals.
- Opportunities to sample authentic cuisine and local flavors.

Your One-of-a-Kind Journey
- AHI Travel Assurance plan that covers Accident and Sickness Medical Expense, Trip Delay and Emergency Evacuation for U.S. residents.
- Expert-led Enrichment programs enhance your insight into the region.
- Discovery excursions highlight the local culture, heritage and history:
  - Explore Danish royal life and traditions in Rosenborg Castle.
  - Get acquainted with Copenhagen on a guided canal cruise.
  - Walk through Copenhagen’s old town and hear about its celebrated residents.
  - Visit Oslo’s Ski Museum and Vigeland Park.
  - Study Edvard Munch’s masterpieces and learn about Thor Heyerdahl’s epic voyages.
  - Ride the scenic Bergen Railway.
  - Delve into Bergen’s Hanseatic history and see its medieval landmarks.
  - Travel on the famous Flåm Railway and cruise the stunning Aurlandsfjord.

AHI Sustainability Promise:
We strive to make a positive, purposeful impact in the communities we visit.
- Free time to pursue your own interests.
- Welcome Reception to mingle with fellow travelers.
- A personal VOX headset to hear your English-speaking guide clearly.
- Tipping of guides and drivers.
- Complimentary travel mementos.

Amalienborg Palace, Copenhagen

AHI Travel Expertise
From your reservation to your return home, we’re here to ensure you have the adventure of a lifetime.

Before you go:
- Travel Consultants | These experts stand ready to answer your questions about activities, meals, accommodations and more as they guide you through the reservation process.
- Passenger Service Representative | After reserving your spot, enjoy personalized assistance from this specialist, your one point of contact who helps with everything from arranging flights to booking elective activities to fulfilling special requests.
- Travel Information | Before your journey, our team closely monitors travel conditions, shares pre-departure details and provides information and enrichment about your destination.

Once you arrive:
Our top-notch, dedicated team takes your adventure to the next level! Share a laugh, learn where to find the best café and enjoy their unique perspectives on the local scene.
- Travel Director | Our multilingual Travel Director manages all the details so that you can simply relax and soak up the ambience. In the care of this seasoned travel professional who is attuned to your personal safety, you’ll enjoy a seamless, unforgettable travel experience.
- Expert Guides | Who better to show you around than the people who live there? We’ve specially selected informed, enthusiastic local guides who understand the needs of our educated and curious travelers. Warm and genuine, they’re ready to share their passion for their country with you.
- Lecturers | Coming from all walks of life, our entertaining local lecturers open your eyes to history, culture and current events. The breadth of their knowledge deepens your appreciation for the region and its heritage.