TASTE OF CATALONIA
CAMBRILS TO BARCELONA

Accompanied by Professor Alex Saragoza

MAY 10 – 18, 2024

Price per person: $5,495 double occupancy, $6,445 single occupancy

TOUR HIGHLIGHTS

Join Cal Discoveries Travel and Dr. Alex Saragoza for an exploration of the best wines and wine-growing regions of northeastern Spain, better known as Catalonia. Meet with local winemakers who will share their passion for and knowledge of the unique vintages of the area, including the famous cava wines. Indulge in the comfort of Spanish cuisine in the exclusive and intimate settings of a private cooking class and Michelin-star restaurants. Take in the region’s diverse landscapes, from the quaint seaside town of Cambrils to the peaceful valleys in Falset to the bustling streets of Barcelona. Catalonia’s rich culture, charming towns, and divine fare set the perfect scene of coastal Spanish life that provide a feast for all the senses.

On this educational journey, Professor Alex Saragoza will reveal the relationship between grape growing and its history, and how the two have transformed the region today.
LEVEL 3 ACTIVITY RATING

What to expect: These trips feature long touring days with travel via motor coach, ship, zodiac, all-terrain vehicle, or train. Travelers are required to board transportation without assistance as well as stand and walk over uneven terrain for extended periods of time. Some tours may include optional higher-intensity activities and travel at higher altitudes with steep ascents and descents. Outings last four to six hours most days.

Suitable for: Travelers who are able to comfortably walk four to six miles, or 6,900–9,200 steps, each day.

For more information on physical requirements, please visit alumni.berkeley.edu/activityrating.

ITINERARY

• Day 1  
  Friday, May 10, 2024  
  In Transit  
  Depart the US for an overnight flight to Barcelona.

• Day 2  
  Saturday, May 11, 2024  
  Barcelona  
  Arrive in Barcelona and check into Hotel H10 Urquinaona Plaza in the heart of the city. Enjoy a welcome reception at Capet with a special tasting menu paired with wines from innovative winemakers across the region. (Dinner included)

• Day 3  
  Sunday, May 12, 2024  
  Penedes Wine Region  
  Depart for the Penedes wine region in Vilafranca, home to the world-renowned winery Familiar Torres. The family-run bodega has been in operation for hundreds of years and reset the benchmark for Spanish wine exports in the 1970s. Stroll the grounds on a guided tour followed by lunch and tasting at the private Torres family restaurant. After lunch, take a short drive inland to the Hostal Sport Hotel in the charming town of Falset and enjoy dinner at the hotel. (Breakfast, lunch, and dinner included)

• Day 4  
  Monday, May 13, 2024  
  Montsant/Priorat  
  Today is dedicated to the heart of the Catalonia wine region. Start the day with a visit and tasting at Coca i Fito, an award-winning family-run winery in the village of El Mastroig. Continue to Priorat, a small wine region awarded the highest DOCa (designation of origin) certification in Spain. Partake in a special paella cooking class and wine-paired lunch in Gratallops before heading back to Falset for an evening at leisure. (Breakfast and lunch included)
• **Day 5**  
**Tuesday, May 14, 2024**  
**Falset**  
Visit La Trinxera museum, which details the battle of the Ebro and Poble Vell valley that suffered tremendous damage during the Spanish Civil War. Reflect on the history of the region over a tasting at Frisach, which overlooks the battlefield and trenches. Gaze upon the stunning views on the way back to Falset before having dinner at the award-winning Celler de l'Aspic. (Breakfast, lunch, and dinner included)

• **Day 6**  
**Wednesday, May 15, 2024**  
**Reus/Cambrils**  
Set out for the town of Reus. Visit Vermuts Rofes, the most historic vermouth producer in Spain. Enjoy a vermouth tasting alongside lunch before continuing on to the seaside town of Cambrils. Check into Sol Port Hotel and relax with an evening at leisure to explore the town. (Breakfast and lunch included)

• **Day 7**  
**Thursday, May 16, 2024**  
**Cambrils**  
Begin with a visit to Mestral Olive Oil Co-op, known for top-quality olive oils made from the Arbequina olive. Lunch at the Michelin-starred restaurant Rincon de Diego for a superb meal accompanied by wines of the region. Since 2005, the restaurant has been one of the reasons Cambrils is considered the gastronomic capital of Catalonia. This evening is free for you to relax at the hotel or wander the charming streets. (Breakfast and lunch included)

• **Day 8**  
**Friday, May 17, 2024**  
**Sitges/Penedes**  
On the way back to Penedes, stop at two family-owned wineries for tastings and tours. First is Pares Balta, which was founded in 1790 and continues to be family-run. Then proceed to Llopart, Catalonia’s best-known sparkling wine producer, and learn more about how sparkling wine is made in the region. The afternoon is free to wander the town of Sitges and enjoy a swim or a walk along the sandy beach before checking into the Cava & Hotel Mastinell. Tonight, reflect on your incredible journey through Catalonia over a delicious farewell dinner. (Breakfast, lunch, and dinner included)

• **Day 9**  
**Saturday, May 18, 2024**  
**In Transit**  
After breakfast, check out of the hotel and transfer to the Barcelona airport to return home. (Breakfast included)
ABOUT THE LECTURER

Alex M. Saragoza has served as Chair of the Center for Latin American Studies at the University of California, Berkeley (1994–1997), and subsequently as Director of International Education Programs (1997–1999). He is a member of the systemwide UC-Cuba Initiative and a member of the Cuba Working Group at the Berkeley campus. Professor Saragoza regularly teaches a course on Cuba and has visited the island several times over the last ten years. He led two UC Berkeley Extension tours to the island before the Bush administration imposed restrictions on travel in 2003. He worked on a collaborative project with the Center for Hemispheric Studies and the United States (Centro de Estudios Hemisfericos y sobre los Estados Unidos) at the University of Havana from 2006–2009, including a two-day symposium with Cuban scholars that he organized and was held in Mexico City in 2009.

Professor Saragoza is currently conducting research for a comparative study of the tourist industry in Mexico and Cuba. Along with Professor Barry Carr of The University of Melbourne (Australia), he is editing a volume on tourism and Latin America. He is a professor of history in the Department of Ethnic Studies at the University of California, Berkeley.

*Cal lecturer’s participation cannot be guaranteed and is contingent on a minimum number of paying travelers.*

TERMS & CONDITIONS

**Price per Person:** $5,495 per person (double occupancy), $6,445 per person (single occupancy).

**Final Payment:** Reservations are to be paid in full by February 9, 2024 (90 days prior to departure). Final payment may be made by personal check, MasterCard, Visa, or American Express. Checks may be made payable to Cal Alumni Association. Late payments will be subject to a $100 per person late fee and/or subject to cancellation.

**Cancellations and Refunds:** All cancellations must be submitted in writing to be valid. Cancellations made for any reason prior to the final payment date will forfeit a $350 cancellation fee from the initial deposit. Cancellations made 90 – 65 days before departure will forfeit 25% of the total trip cost. Cancellations made 64 – 45 days before departure will forfeit 50% of the total trip cost. No refunds are granted within 45 days of tour departure or for no-show or early departure from a trip already in progress.

**CAA Membership Policy:** One traveler per room, whether an alum or friend, must be a current Cal Alumni Association member at the time of departure to participate in Cal Discoveries Travel offerings. Payment of $60 for seniors 65 years and over and $75 for others establishes a membership with all association benefits. Memberships are for individuals only and are nonrefundable and non-transferable. A traveling pair and their children under 21 years of age may travel on one membership. Please enroll online at [alumni.berkeley.edu/join](http://alumni.berkeley.edu/join).

**Cost Includes:** Seven nights accommodation; daily breakfast, six lunches, and four dinners; local transportation via private, luxury bus; all visits and sightseeing as indicated on the itinerary; English-speaking tour director; gratuities for local guides, drivers, and service at included restaurants; gratuities for baggage handling, hotel tips and taxes; services of on-site tour director and lecturer (cannot be guaranteed).

**Cost Does Not Include:** Airfare, ground transportation, meals not specified, beverages, optional tips or gratuities, travel insurance, and expenses of a personal nature (e.g., liquor, laundry).

**Mobility and Fitness To Travel:** This trip has a Level 3 Activity Rating. These trips feature long touring days with travel via motor coach, ship, zodiac, all-terrain vehicle, or train. Travelers are required to board transportation
without assistance as well as stand and walk over uneven terrain for extended periods of time. Some tours may include optional higher-intensity activities and travel at higher altitudes with steep ascents and descents. Outings last four to six hours most days. Suitable for travelers who are able to comfortably walk four to six miles, or 6,900–9,200 steps, each day.

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California Seller of Travel #: 2090031-50

CONTACT US

Don’t hesitate to reach out for additional information about this trip or other Cal Discoveries Travel inquiries.

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